



ELIZABETHTOWN AQUATIC CLUB

33rd Annual

FROSTY FROLIC

Sunday, January 7, 2024

www.eacgators.com



ELIGIBILITY

The Frosty Frolic is open to swimmers who are 10 and under as of January 7, 2024. Swimmers will swim in events according to their age as of January 7, 2024.

LOCATION

The Elizabethtown College Pool is located in the Baugher Student Center. (map on page 4) Parking is located behind the Student Center. The building entrance is marked with a yellow star.

FACILITY

The Elizabethtown College Natatorium has a six (6) lane 25-yard pool with non-turbulent lane lines. A Colorado timing system with touchpads and display board will be used. Spectator bleachers as well as off-deck spectator seating areas are available.

ENTRY FEES

Entry fees are \$8.00 per individual event and \$8.00 per relay swimmer.

ENTRY DEADLINE

Entries will be accepted until Friday, December 22, 2023. Participation will be limited to the first 275 swimmers. There is no limit on the number of events each swimmer may enter. (event schedule on page 3)

ENTRY SUBMISSION:

Please use the Hy-Tek Meet Manager file to create your team's entries. Entries must be submitted as a team.

1. Email the team entries to eac.swim.club@gmail.com.
2. Include a Meet Entry Fee Report. This will be used to validate your entries.

A confirmation email will be sent when team entries are received.

TEAM PAYMENT

Please send one check with full payment of team entry fees no later than Friday, December 22, 2023. Include a paper copy of your Meet Entry Fee Report (last page) with the check payable to: Elizabethtown Aquatic Club.

MAILING ADDRESS FOR PAYMENT: Elizabethtown Aquatic Club

PO Box 351

Elizabethtown, PA 17022



MEET SCHEDULE

9:00 AM – doors open

9:20 AM – warmups begin

10:20 AM – return scratch reports to the scoring table on pool deck

10:40 AM – officials and timers meeting

11:00 AM – swim meet begins

SWIMMER SEATING & STAGING

Swimmers will be staged in the KAV, a large group room. Due to space constraints, chairs are not permitted in the KAV and spectator seating for family members will be outside of the KAV in the various upholstered seating areas. Limited team parent representatives may be in the KAV to assist their swimmers as needed.

SWIM MEET LIVESTREAM

The event will be live streamed on our EAC Gators channel. <https://www.youtube.com/@eacgators3619>

AWARDS

Medals will be awarded for 1st, 2nd, and 3rd place. Ribbons will be awarded for 4th through 10th place.

CANDY GRAMS

Candy grams can be purchased for \$1 and delivered to other swimmers at the event.

REFRESHMENTS

The Jay's Nest at the college will be open. Items for sale include hot breakfast and lunch sandwiches, sides, and snacks.

FROSTY FROLIC T-SHIRTS & SWEATSHIRTS

Event shirts can be ordered until Friday, December 10, 2023. Orders will be packaged by team and given to a team coach at the Frosty Frolic event. https://stores.inksoft.com/frosty_frolic_/shop/home Orders can be placed at the event for shipment after the event.

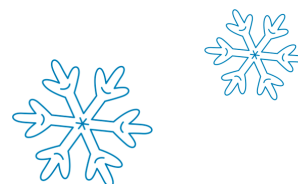
ADMISSION

\$5 per person. Children 12 & under are free. Meet events and results will be available through the Meet Mobile app.

QUESTIONS

Crystal Hirst, Meet Director eac.swim.club@gmail.com

Isaac Greene, EAC Head Coach at ike.greene@gmail.com



**FROSTY FROLIC INVITATIONAL
SCHEDULE OF EVENTS**

Note: New Event Order for 2023

Contact Coach Isaac Greene at ike.greene@gmail.com with any entry questions.

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	8 & under 100 yard Mixed Medley Relay	1
2	10 & under 200 yard Mixed Medley Relay	2
	5 minute break	
3	8 & under 100 yard I.M.	4
5	10 & under 100 yard I.M.	6
7	6 & under 25 yard Free	8
9	7 y/o 25 yard Free	10
11	8 y/o 25 yard Free	12
13	9 y/o 50 yard Free	14
15	10 y/o 50 yard Free	16
17	6 & under 25 yard Back	18
19	7 y/o 25 yard Back	20
21	8 y/o 25 yard Back	22
23	9 y/o 50 yard Back	24
25	10 y/o 50 yard Back	26
	5 minute break	
27	8 & under 100 yard Free Relay	28
29	10 & under 200 yard Free Relay	30
31	10&U 100 Free	32
33	7 y/o 25 yard Breast	34
35	8 y/o 25 yard Breast	36
37	9 y/o 50 yard Breast	38
39	10 y/o 50 yard Breast	40
41	7 & under 25 yard Butterfly	42
43	8 y/o 25 yard Butterfly	44
45	9 y/o 50 yard Butterfly	46
47	10 y/o 50 yard Butterfly	48

PARKING AT THE FROSTY FROLIC AT ELIZABETHTOWN COLLEGE



Search for “Brinser Field, Elizabethtown, PA 17022” in Google Maps. Look for yard signs directing you to the Frosty Frolic event entrance.

From Mt. Joy Street, turn onto Cedar Street, then travel up to the top of the hill on Cedar Street.

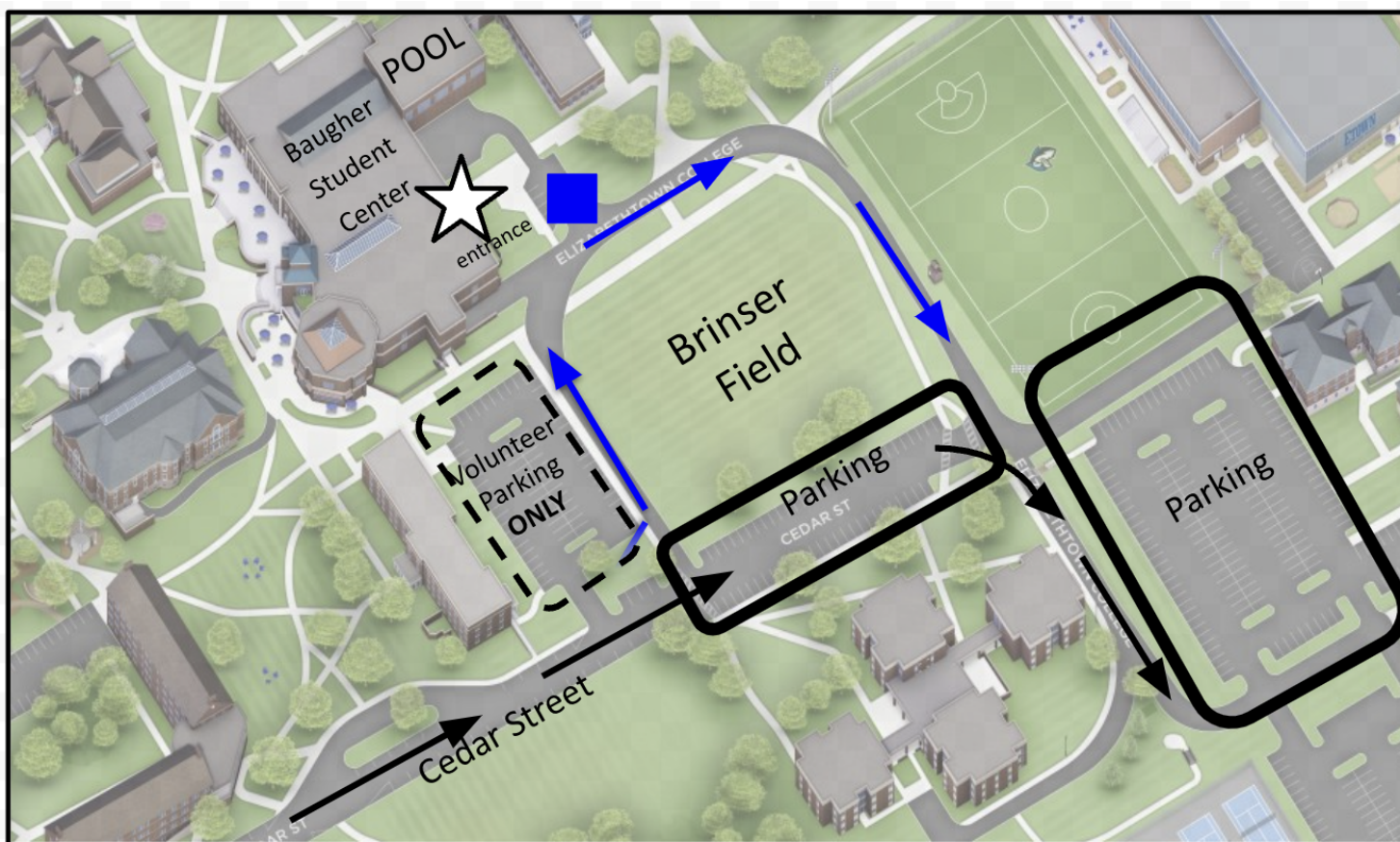


Parking is available along Cedar Street. Turn right at the end of Cedar Street. An additional parking lot will be on your left. Parking lots are marked with a solid black box on the map below.

If you want to drop your swimmer off at the entrance before parking, please follow the blue arrows for the one-way swimmer drop off loop. Swimmer drop off is marked with a blue square.

The dashed line parking lot is reserved for Swim Meet Volunteers ONLY.

The Frosty Frolic entrance is marked with a white star. Look for signs on the day of the event.



This informational document is available on the Frosty Frolic tab on the EAC website. www.eacgators.com