



THE BIG SPRING AQUATIC CLUB

Proudly Presents

The Bulldog Splash Invitational

Saturday, November 11, 2023

Location	Big Spring High School 100 Mount Rock Road Newville, PA 17241 Day of Meet Emergency #: 720-413-2172
Facilities	An automated Daktronics timing system with an eight lane scoreboard display will be used. Timers will report to the turning end of the pool and use plungers for eight and under, 25 yard events. The natatorium is equipped with state of the art filtration and ventilation units. Free parking is located next to the natatorium.
Meet Director	Evan Jarusewski E-mail: swimbulldogs19@gmail.com Phone: 720-413-2172
Eligibility	Coaches' packets will be provided the day of the meet at the admissions table. <i>There will be a scratch meeting.</i> Swimmers may enter a maximum of four (4) events. The 200 Mixed Medley Relay does NOT count toward this maximum. Swimmers' ages will be determined as of December 1, 2023. The meet director reserves the right to limit entries in any event to keep the meet timeline within a reasonable limit. If this becomes necessary, teams will be notified through their coaches/team representatives. The entry fee for each event is \$4.00. All entries are due Friday, November 3, 2023 no later than 9:00 PM. A meet entry file must be emailed to swimbulldogs19@gmail.com The entry file has been emailed to the league contacts for each team. Email swimbulldogs19@gmail.com for any questions regarding entry files/entries.
Volunteers	While volunteering for our invitational is not mandatory, we would greatly appreciate any assistance you are willing to provide. Timers and officials will be needed. The sign up link for volunteers is on the BSAC website, www.swimbsac.org . The link for volunteers is on the home page.

Warm Ups, Meetings, & Start Times	Warmup Times- TBD Meet Start – 4:00pm
Rules / Safety	The meet will be governed by current Federation Rules, NFHS swimming rules and safety procedures, with CPAL modifications. All events will be timed finals. The meet will be conducted using the whistle command and, with the exception of 8 & Under events, no-recall false start procedures. The one (1) false start rule will apply for all 8 & Under events. During warm ups, no diving is permitted until each team announces it will use its lane(s) for sprints. At that time, swimmers must enter from the starting block and exit from the opposite end of the pool. All entries must be feet-first other than during announced sprints. Swimmers violating safety procedures will be removed from the pool for the remainder of the warm-up session. Subsequent violations may cause disqualification from the remainder of the meet. Any swimmer observed swimming under the bulkhead will be disqualified from the meet, as determined by the meet referee. This policy will be strictly enforced. The use of audio or video recording devices and cameras, including cell phones, is prohibited in changing areas, restrooms, locker rooms, and behind the starting blocks. Photos and recordings may only occur between the flags.
Events / Sessions	The meet will run in one session as a pre-seeded, timed finals event. See the attached order of events. There will be a 10-minute break in the middle of the invitational. Events 73-77 are mixed relays. Each relay must include two girls and two boys, relay order is determined by the coach.
Swimmer Seating	Swimmers will be in the gym during the meet. Swimmers are responsible for reporting to the seeding area (adaptive gym adjacent to the gym) when their events are announced and posted on the board. Failure to report to the seeding area will result in a NS for the event. Swimmers will be escorted to the pool and provided a basket for their towels and flip flops while they swim.
Awards	Swimmers who finish first through third (1 st – 3 rd) will receive medals. Fourth through eighth (4 th – 8 th) place finishers will receive ribbons. Prizes will be awarded to each heat winner.
Programs & Admission	Admission is \$5.00. Free admission for Children 10 & under. Free admission is granted to all volunteers. Check in for volunteers is at the admissions table.
Concessions	A complete selection of food and drinks will be available for purchase at the concession stand located in the cafeteria. All food and drink, with the exception of water, must be kept in the cafeteria / Commons Area. No exceptions. Please be sure to assist our staff by cleaning up when finished.
T-Shirts	T-shirts will be available, made to order, the day of the meet. Cost will vary with options.
Results	Results will be posted on MeetMobile. Results will be posted in the hallway between the pool and the gym throughout the meet. Final meet results will be posted in printable HTML format, coaches Team Manager CL2, and Meet Manager back up files on CPAL website.
Hospitality	Coaches and officials will be presented with meal coupons for the concession stand. Complimentary water will be available on the pool deck throughout the meet for coaches, officials, timers, and other volunteers.
Directions	From the North: Take I-81 South to Exit 44 (Allen Road). Turn right off the exit onto Route 465. At the second light, Route 11 (there is a Sheetz on the left), turn left. Follow Route 11 approximately 5 miles to Mount Rock Road. Turn right onto Mount Rock Road. Agar Welding and the Mount Rock Church flank Mount Rock Road. Follow Mount Rock Road for 3.4 miles. The high school entrance is on the left. From the South: Take I-81 North to Exit 37 (Newville). Turn left onto PA-233 N toward Newville. Turn right onto US-11 N. In 1.2 miles, turn left onto Graham Road. In 1.6 miles, turn left onto Mount Rock Road. The high school is one mile on the left.

Hotels

All hotels are approximately 10 miles from the high school.

Days Inn: Alexander Spring Road, Carlisle PA. 717-258-4147

Fairfield Inn Carlisle: 1528 Commerce Ave, Carlisle PA 717-243-2080

Country Inn & Suites: 529 Commerce Ave, Carlisle PA 717-241-4900

Super 8: 100 Alexander Spring Road, Carlisle PA 717-245-9898

Release Statement: The Big Spring School District, Big Spring Aquatic Club, and meet sponsor shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during this event.

2023 Bulldog Bash - 11/11/2023
Big Spring High School Natatorium
Event List-By Event Number

Event #	Event Name	Event #	Event Name
1	Boys 8 & Under 100 Medley Relay	53	Boys 8 & Under 25 Butterfly
2	Girls 8 & Under 100 Medley Relay	54	Girls 8 & Under 25 Butterfly
3	Boys 9-10 200 Medley Relay	55	Boys 9-10 50 Butterfly
4	Girls 9-10 200 Medley Relay	56	Girls 9-10 50 Butterfly
5	Boys 11-12 200 Medley Relay	57	Boys 11-12 50 Butterfly
6	Girls 11-12 200 Medley Relay	58	Girls 11-12 50 Butterfly
7	Boys 13-14 200 Medley Relay	59	Boys 13-14 50 Butterfly
8	Girls 13-14 200 Medley Relay	60	Girls 13-14 50 Butterfly
9	Boys 15 & Over 200 Medley Relay	61	Boys 15 & Over 50 Butterfly
10	Girls 15 & Over 200 Medley Relay	62	Girls 15 & Over 50 Butterfly
13	Boys 8 & Under 25 Freestyle	63	Boys 8 & Under 100 IM
14	Girls 8 & Under 25 Freestyle	64	Girls 8 & Under 100 IM
15	Boys 9-10 50 Freestyle	65	Boys 9-10 100 IM
16	Girls 9-10 50 Freestyle	66	Girls 9-10 100 IM
17	Boys 11-12 50 Freestyle	67	Boys 11-12 100 IM
18	Girls 11-12 50 Freestyle	68	Girls 11-12 100 IM
19	Boys 13-14 50 Freestyle	69	Boys 13-14 100 IM
20	Girls 13-14 50 Freestyle	70	Girls 13-14 100 IM
21	Boys 15 & Over 50 Freestyle	71	Boys 15 & Over 100 IM
22	Girls 15 & Over 50 Freestyle	72	Girls 15 & Over 100 IM
23	Boys 8 & Under 25 Breaststroke	73	Mixed 8 & Under 100 Freestyle Relay
24	Girls 8 & Under 25 Breaststroke	74	Mixed 9-10 200 Freestyle Relay
25	Boys 9-10 50 Breaststroke	75	Mixed 11-12 200 Freestyle Relay
26	Girls 9-10 50 Breaststroke	76	Mixed 13-14 200 Freestyle Relay
27	Boys 11-12 50 Breaststroke	77	Mixed 15 & Over 200 Freestyle Relay
28	Girls 11-12 50 Breaststroke		
29	Boys 13-14 50 Breaststroke		
30	Girls 13-14 50 Breaststroke		
31	Boys 15 & Over 50 Breaststroke		
32	Girls 15 & Over 50 Breaststroke		
33	Boys 8 & Under 50 Freestyle		
34	Girls 8 & Under 50 Freestyle		
35	Boys 9-10 100 Freestyle		
36	Girls 9-10 100 Freestyle		
37	Boys 11-12 100 Freestyle		
38	Girls 11-12 100 Freestyle		
39	Boys 13-14 100 Freestyle		
40	Girls 13-14 100 Freestyle		
41	Boys 15 & Over 100 Freestyle		
42	Girls 15 & Over 100 Freestyle		
43	Boys 8 & Under 25 Backstroke		
44	Girls 8 & Under 25 Backstroke		
45	Boys 9-10 50 Backstroke		
46	Girls 9-10 50 Backstroke		
47	Boys 11-12 50 Backstroke		
48	Girls 11-12 50 Backstroke		
49	Boys 13-14 50 Backstroke		
50	Girls 13-14 50 Backstroke		
51	Boys 15 & Over 50 Backstroke		
52	Girls 15 & Over 50 Backstroke		