

# CENTRAL PENNSYLVANIA AQUATIC LEAGUE

## BILL SCHMIDT MEMORIAL ALL-STAR CHAMPIONSHIP MEET

**SUNDAY, FEBRUARY 26, 2023**

Hosted by the [Big Spring Aquatic Club](http://www.bigspringaquaticclub.org)

- Location:** Big Spring High School | 100 Mt Rock Rd | Newville, PA 17241 ([Google Maps](https://www.google.com/maps))
- Meet Director:** Evan Jarusewski | (720)-413-2172 | [ejarusewski@bigspringasd.org](mailto:ejarusewski@bigspringasd.org)
- Facility:** The Big Spring Natatorium is an eight (8) lane – 25 yard pool with moveable bulkhead and warmup/cooldown pool. A Daktronics timing system will be used with touchpads, plungers, and manual stopwatches for the finish. Timers will report to the deep end of the pool and use plungers and manual stopwatches for 25 yard events. Free parking is located next to the natatorium.
- Admissions:** \$5 for Adults and children 12+. Programs will be made available electronically via a QR Code **DOORS OPEN AT 7:00 AM** – Entrance is on the east side of the school.
- Spectator Seating:** Spectator seating will be in the balcony and bleachers on deck. We ask spectators to rotate out of the pool and balcony area when their swimmer is not competing for other families to watch their swimmer.
- Start Time:** **9:00am** - 1 session (Events 1-82)  
2<sup>nd</sup> Half Volunteers will start after 8 & U Backstroke.
- Warmup Times:** Warm up times are tentative. If changes are made they will be communicated by 7pm Saturday February 25.

2023 CPAL ALL-STAR CHAMPIONSHIP							
WARMUP SCHEDULE							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30am to 7:50am							
BSAC	BSAC	SHIP	SMSC	SMSC	SMSC	GETY	GETY
7:50am to 8:10am							
CVAC	CVAC	CVAC	MSC	MSC	MSC	ACWS	MASC
8:10am to 8:30am							
LVO	LVO	CYAC	CYAC	CYAC	PAC	PAC	PAC
8:30am to 8:50am							
EAC	EAC	EAC	EPH	EPH	EPH	OPEN	OPEN

\*\*\*One-way sprints may be completed during the last FIVE minutes of designated warm-up\*\*\*

- Team Area:** ALL TEAMS will be seated in the Gym. See assigned areas on facility map at bottom of document. The Big Spring School District (BSSD) and Big Spring Aquatic Club requires each team provide adult supervision for their team area and comply with BSSD regulations. **ALL CHAIRS MUST HAVE A TOWEL UNDERNEATH THEM ON THE GYM FLOOR.**

- Swimmer Seeding:** Swimmers will be staged in the adaptive-gym adjacent to the gym. We ask that swimmers wear flips flops/crocs/shoes and cover up when walking to and from the pool.
- Coaches:** Each team will be provided a coaches packet at the check-in table. **We are limiting each team to four (4) coaches on deck.** All coaches will receive wristbands in the coaches packet.
- Volunteers:** We are asking each team to provide the following volunteers: **3 timers, 1 finish judge, and 2 officials.** Each team is asked to complete the [Volunteer Form by February 17 @ 6pm](#). It will also ask for a list of your team's coaches (4 max). The volunteer list will be posted on the CPAL and BSAC websites. Volunteers will check-in at the admissions table when arriving to receive their wristband. Volunteers receive free admission.
- Officials:** On deck officials, please wear white tops and navy bottoms, and have applicable official's patch visible. Officials please check-in at the admissions table upon arrival.
- Hospitality:** Coaches and Officials hospitality area will be located in a pool office near the scorers table.
- Psych Sheets:** Psych sheets will be posted on the CPAL website after Divisionals have completed.
- Results:** Results will be posted on MeetMobile.
- Awards:** Custom medals will be awarded for 1st – 16th place in individual events, and 1st – 8th for relays. First-place finishers will also receive CPAL All-Star Champ Latex Caps. Coaches or Team Reps are required to pick up awards at the end of the meet. Awards will not be given to swimmers or parents.
- Concessions:** The concession stand will be in the Commons. We accept cash or credit card. Food and drink **ARE NOT** permitted in the gym, pool, or spectator area. Water is permitted in the pool, gym, and spectator area.
- All-Stars T-Shirt:** **All Star t-shirts, sweatshirts, and tumblers available here: [2023 All-Stars](#).** Orders are due by **13 Feb.** All orders will be ready for pick-up at All-Stars by a team representative. Orders may be placed at the meet to be shipped to swimmers. When adding an item to your cart, *please ENTER TEAM ABBREVIATION (Big Spring Aquatic Club = BSAC).* At checkout, please select **ALL STARS** from dropdown.
- Deck Access:** **Only coaches and volunteers with authorized wristbands will be allowed on deck.**
- Scratches:** If you already know a swimmer will not be participating in the All-Star meet please add them to the following spreadsheet: [All Star Scratches](#)

