



ELIZABETHTOWN AQUATIC CLUB

32nd Annual



FROSTY FROLIC



Sunday, January 8, 2023

www.eacgators.com



ELIGIBILITY

The Frosty Frolic is open to swimmers who are 10 and under as of January 8, 2023.

Swimmers will swim in events according to their age as of January 8, 2023.

LOCATION

The Elizabethtown College Pool is located in the Baugher Student Center. (map on page 4)

Parking is located behind the Campus Center. The building entrance is marked with a yellow star.

FACILITY

The Elizabethtown College Natatorium has a six (6) lane 25 yard pool with non-turbulent lane lines.

A Colorado timing system with touchpads and display board will be used.

Spectator bleachers as well as off-deck spectator seating areas are available.

ENTRY FEES

Entry fees are \$5.00 per individual event and \$5.00 per relay swimmer.

ENTRY DEADLINE

Entries will be accepted until Friday, December 23, 2022. Entry will be limited to the first 250 swimmers.

There is no limit on the number of events each swimmer may enter.

TEAM PAYMENT

Please send one check with full payment of team entry fees no later than Friday, December 23, 2022.

Checks payable to: Elizabethtown Aquatic Club

ENTRY SUBMISSION:

Please use Hy-Tek meet manager to create your team's entries. Entries must be submitted as a team.

1. Email the team entries to eac.swim.club@gmail.com.
 2. Mail a paper copy of your team's entries AND payment in the form of a check.
- A confirmation email will be sent when team entries are received.

MAILING ADDRESS FOR EAC:

Elizabethtown Aquatic Club

PO Box 351

Elizabethtown, PA 17022



MEET SCHEDULE (subject to change based on capacity of entries)

9:00 AM – doors open

9:20 AM – warmups begin

10:00 AM – coaches scratch meeting

10:40 AM – officials and timers meeting

11:00 AM – swim meet begins

AWARDS

Medals will be awarded for 1st, 2nd, and 3rd place for each event.

Ribbons will be awarded for 4th through 12th place for all events.

CANDY GRAMS

Candy grams can be purchased for \$1 and delivered to other swimmers at the event.

REFRESHMENTS

The Jay's Nest at the college will be open. Items for sale will include hot breakfast sandwiches and sides, hot lunch sandwiches and sides, snacks, coffee, fountain sodas, and bottled drinks.

T-SHIRTS

Event T-shirts can be ordered from the Frosty Frolic T-shirt store until Friday, December 23, 2022.

https://stores.inksoft.com/frosty_frolic/shop/home

The store link is available on the Frosty Frolic tab on the EAC website. www.eacgators.com

T-shirts will be packaged and given to a team coach for distribution at the Frosty Frolic event.

ADMISSION

\$5 per person. (12 and under - free admission)

Heat sheets and results will be available through the meet mobile app.

SCHEDULE OF EVENTS

See page 3.

PARKING AT ELIZABETHTOWN COLLEGE

See page 4.

QUESTIONS

Crystal Hirst, EAC President at eac.swim.president@gmail.com

Isaac Greene, EAC Head Coach at jke.greene@gmail.com

This informational document is available on the Frosty Frolic tab on the EAC website. www.eacgators.com



FROSTY FROLIC INVITATIONAL

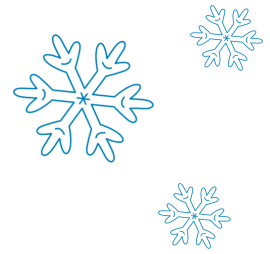
SCHEDULE OF EVENTS

Note: New Event Order for 2023

Contact Coach Isaac Greene ike.greene@gmail.com with any entry questions.

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	8 & under 100 yard Mixed Medley Relay	1
2	10 & under 200 yard Mixed Medley Relay	2
	5 minute break	
3	8 & under 100 yard I.M.	4
5	10 & under 100 yard I.M.	6
7	6 & under 25 yard Free	8
9	7 y/o 25 yard Free	10
11	8 y/o 25 yard Free	12
13	9 y/o 50 yard Free	14
15	10 y/o 50 yard Free	16
17	6 & under 25 yard Back	18
19	7 y/o 25 yard Back	20
21	8 y/o 25 yard Back	22
23	9 y/o 50 yard Back	24
25	10 y/o 50 yard Back	26
	5 minute break	
27	8 & under 100 yard Free Relay	28
29	10 & under 200 yard Free Relay	30
31	7 y/o 25 yard Breast	32
33	8 y/o 25 yard Breast	34
35	9 y/o 50 yard Breast	36
37	10 y/o 50 yard Breast	38
39	7 & under 25 yard Butterfly	40
41	8 y/o 25 yard Butterfly	42
43	9 y/o 50 yard Butterfly	44
45	10 y/o 50 yard Butterfly	46

PARKING AT THE FROSTY FROLIC AT ELIZABETHTOWN COLLEGE



Search for “Brinser Field, Elizabethtown, PA 17022” in Google Maps. Look for yard signs directing you to the Frosty Frolic event entrance.

From Mt. Joy Street, turn onto Cedar Street, then travel up to the top of the hill on Cedar Street.

Parking is available along Cedar Street, turn right at the end of Cedar Street and an additional parking lot will be on your left.

Parking lots are marked with an orange box (see map below).

If you want to drop your swimmer off first, closer to the entrance, please follow the blue arrows for the one way swimmer drop off loop. Swimmer drop off is marked with a blue star.

The red parking lot is reserved for Swim Meet Volunteers ONLY.

The building entrance is marked with a yellow star. Look for signs.

