

YORK YMCA TOURNAMENT OF CHAMPIONS

Saturday, November 14, 2009

Sunday, November 15, 2009

LOCATION	YMCA of York & York County – Graham Aquatic Center 543 North Newberry Street York PA 17401
EMERGENCY PHONE NUMBER	DAY OF MEET: <u>717-586-4573</u>
FACILITIES	New indoor facility with possible 16-lane, 25 yard configuration; primary configuration will consist of 8 lanes for competition (6' depth), 6 lanes for warm-up/warm-down; permanent bleacher seating for 600+ with possible 200 additional bleacher seats on pool deck; very large deck area for swimmers, coaches and officials; main timing system: Daktronic system with scoreboard; Hy-Tek software; Concession area with promenade overlooking competitive pool; parking capacity: 550.
MEET DIRECTOR	Cindy Ilgenfritz. 717-577-8994 (evenings & weekends). E-mail: fritz3@aol.com
SAFETY DIRECTOR	Cindy Ilgenfritz
OFFICIALS	Brian Gunn. All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting during the meet, please email Brian at bcgunn@comcast.net .
ELIGIBILITY	Meet is a closed YMCA competition, open to any swimmer 5 & older. Swimmer must be a YMCA member 30 days prior to the date of competition. Swimmers age is as of 11/4/2009. Swimmer may swim a maximum of 4 events in his/her age category. MEET WILL BE A USA APPROVED MEET.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.
ORDER OF EVENTS	Order of Events is attached. All events are pre-seeded, timed finals.
WARM-UP AND START TIMES	Saturday Events: SESSION 1 – Warm-Ups Start: 7:30 A.M.; Meet Begins: 8:30 A.M. – Events 1-48. SESSION 2: Mini-Meet – Warm-Ups Start: 1:00 A.M.; Meet Begins: 1:30 P.M. – Events 49-98. Sunday Events: SESSION 3 – Warm-Ups Start: 7:30 A.M.; Meet

	<p>Begins: 8:30 A.M. – Events 99-148.</p> <p>Fourteen lanes will be available for warm-up prior to the meet. If necessary, because of the number of meet entries, specific lanes will be assigned to each team at the discretion of the Meet Director.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules.</p> <ul style="list-style-type: none"> • USA Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey the instructions of a safety director, marshal & official may result in disqualification from the meet. There is absolutely NO DIVING permitted in the warm-up pool at any time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification from the remainder of the meet. • All coaches/officials must be registered with the YMCA. Only YMCA registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on the pool deck. • This meet will be conducted using the Whistle command and No Recall False Start procedures. • Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid YMCA credentials.
<p>BULKHEAD SAFETY RULE</p>	<p>ANY SWIMMER OBSERVED SWIMMING UNDER OR THROUGH THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.</p>
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the Warm-up for each session.</p>
<p>HOW TO ENTER</p>	<p>Hy-Tek entries are preferred. Entries should be submitted as an e-mail attachment addressed to:</p> <ul style="list-style-type: none"> • ngentzler@yorkcoymca.org • SUBJECT: (YOUR TEAM) TOURNAMENT OF CHAMPIONS • Body must include: Team Name/Number of Swimmers/Number of Entries. • ATTACHMENTS: ENTRY FILE/TEAM ENTRY REPORT <p>Manually prepared entries should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. There will be a \$5.00 per swimmer surcharge for any teams/swimmers that enter by hand. The meet announcement is available from our website (http://www.swimnyorky.org/). Electronic data will be considered the official version for meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.</p>

ENTRY FEE	\$4.00 per Event. Checks payable to "York YMCA Aquatic Club."
SEND ENTRIES & PAYMENT TO:	York YMCA Tournament of Champions c/o Nate Gentzler 90 North Newberry Street York PA 17401 Meet Summary must accompany payment. Payment must be postmarked by Saturday, November 7, 2009 or entries will be rejected.
ENTRY DEADLINE	5:00 PM, Saturday, November 7, 2009. Late entries will not be accepted.
INQUIRIES	Refer questions about the entries and the meet to Cindy Ilgenfritz, Meet Director. 717-577-8994 (evenings & weekends). E-mail: fritz3@aol.com
AWARDS	Medals will be awarded first through third place; ribbons will be awarded fourth through eighth place.
ADMISSION	\$3.00 for admission and program per session.
FINAL RESULTS	Final results will be posted on the York YMCA Aquatic Club website, http://www.swimyorky.org/ , within 48 hours of the conclusion of the meet and transmitted to all clubs submitting meet entries electronically.
VOLUNTEERS	Free admission will be provided to anyone who volunteers as a timer, runner or in another capacity as designated by the meet director.
DIRECTIONS	<p>TRAVELING EAST/WEST – USE ROUTE 30. Traveling Route 30 EAST: as you travel into York, you will encounter signal lights on Route 30. Travel to the 4th light – PENNSYLVANIA AVENUE. Turn RIGHT. Travel to the 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>Traveling Route 30 WEST: as you travel 30 WEST you will travel under Route 83. From the 83 overpass, travel to the 3rd. light (LEFT LANE). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to the 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>TRAVELING NORTH/SOUTH – USE ROUTE 83. Traveling Route 83 SOUTH: exit Route 83 using Exit 22 (ROUTE 30 WEST). Follow signs to Route 30 WEST. After you are on Route 30, travel to the 2nd light (left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of</p>

	<p>Parkway and Newberry, southeast corner.</p> <p>Traveling Route 83 NORTH: Exit Route 83 using Exit labeled ROUTE 30 WEST (EXIT 21B). Travel to the 3rd light (left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p>
ACCOMODATIONS	<p>Our Meet Hotel is the Yorktowne Hotel, http://www.yorktowne.com/. Identify yourself as someone attending the York White Rose Holiday Relay Carnival.</p>

RELEASE STATEMENT:

YMCA of York & York County – Graham Aquatic Center and the York YMCA Aquatic Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

SATURDAY, SESSION 1 EVENTS WARM-UP: 7:30 AM; MEET BEGINS: 8:30 AM									
GIRLS EVENT #	AGE	DIST	STROKE	BOYS EVENT #	GIRLS EVENT #	AGE	DIST	STROKE	BOYS EVENT #
1	10 & U	200	FREE	2	77	8	50	FREE	78
3	11-12	200	FREE	4	79	6 & U	25	FLY	80
5	13-14	200	FREE	6	81	7	25	FLY	82
7	OPEN	200	FREE	8	83	8	25	FLY	84
9	10 & U	100	IM	10	85	7 & U	50	BREAST	86
11	11-12	100	IM	12	87	8	50	BREAST	88
13	13-14	400	IM	14	89	6 & U	25	BACK	90
15	OPEN	400	IM	16	91	7	25	BACK	92
17	10 & U	50	FLY	18	93	8	25	BACK	94
19	11-12	50	FLY	20	95	7 & U	100	IM	96
21	13-14	100	FLY	22	97	8	100	IM	98
23	OPEN	100	FLY	24					
25	10 & U	50	FREE	26	SUNDAY, SESSION 3 EVENTS WARM-UP: 7:30 AM; MEET BEGINS: 8:30 AM				
27	11-12	50	FREE	28					
29	13-14	50	FREE	30	99	10 & U	200	IM	100
31	OPEN	50	FREE	32	101	11-12	200	IM	102
33	10 & U	50	BACK	34	103	13-14	200	IM	104
35	11-12	50	BACK	36	105	OPEN	200	IM	106
37	13-14	200	BACK	38	107	10 & U	100	BACK	108
39	OPEN	200	BACK	40	109	11-12	100	BACK	110
41	10 & U	100	BREAST	42	111	13-14	100	BACK	112
43	11-12	100	BREAST	44	113	OPEN	100	BACK	114
45	13-14	100	BREAST	46	115	10 & U	100	FLY	116
47	OPEN	100	BREAST	48	117	11-12	100	FLY	118
					119	13-14	200	FLY	120
8 & UNDER MINI-MEET. SATURDAY, SESSION 2 WARM-UP: 1 PM; MEET: 1:30 PM					117	11-12	100	FLY	121
					119	13-14	200	FLY	123
49	7 & U	100	FREE	50	125	13-14	500	FREE	126
51	8	100	FREE	52	127	OPEN	500	FREE	128
53	7 & U	50	BACK	54	129	10 & U	50	BREAST	130
55	8	50	BACK	56	131	11-12	50	BREAST	132
57	6 & U	25	FREE	58	133	13-14	200	BREAST	134
59	7	25	FREE	60	135	OPEN	200	BREAST	136
61	8	25	FREE	62	137	10 & U	100	FREE	138
63	7 & U	50	FLY	64	139	11-12	100	FREE	140
65	8	50	FLY	66	141	13-14	100	FREE	142
67	6 & U	25	BREAST	68	143	OPEN	100	FREE	144
69	7	25	BREAST	70	15 MINUTE BREAK				
71	8	25	BREAST	72					
73	6 & U	50	FREE	74	145	OPEN	1000	FREE	146
75	7	50	FREE	76	147	OPEN	1650	FREE	148

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SATURDAY, NOVEMBER 14 & SUNDAY, NOVEMBER 15, 2009**

MEET SUMMARY FORM

This form MUST accompany TEAM Entries.

TEAM NAME: _____
TEAM CODE: _____
HEAD COACH: _____
COACH OR CLUB ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: _____
EMAIL: _____

Person to contact for questions concerning entries, fees, etc. This person is responsible for receiving messages about any changes to meet times, format, etc.

NAME: _____
PHONE: _____
EMAIL: _____

Mail Entries to: York YMCA Tournament of Champions
c/o Nate Gentzler
90 North Newberry Street
York PA 17401

Entry Deadline: 5:00 PM, Saturday, November 7, 2009.

Please make checks payable to: YORK YMCA AQUATIC CLUB

ENTRY FEES:

_____ OF INDIVIDUAL EVENTS @ \$4.00 PER EVENT \$_____

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH THE YMCA.

_____ **HEAD COACH or TEAM REPRESENTATIVE**

