

Invitation to the  
16<sup>th</sup> ANNUAL LEBY PRE-GOBLER SWIM MEET  
Sunday, November 22, 2009  
Lebanon Valley Family YMCA Natatorium  
201 N. Seventh Street  
Lebanon, PA 17046

Purpose: To provide a “closed” meet to YMCA competitors to help swimmers attain their “3 YMCA meets” requirement for qualification at the district level, and to provide swimmers an opportunity for early season short course times.

Facilities: The Lebanon Valley Family YMCA Natatorium is a six (6) lane, 25 meter pool with a 10 foot depth at the starting end and a 3 foot 6 inch depth at the shallow end. A fully automatic Colorado 5 timing system with display board will be used for all events except the 25 meter events, which will start at the block end and finish to three (3) stopwatch times. We will use Hy-Tek meet manager software. Bleachers are available for spectators. Swimmers will be housed in an available gym – look for signs day of the meet. We ask that each team have an adult supervising their team area during the day. Locker rooms are available for the swimmers to change, but each swimmer is responsible for his/her items.

Meet Rules: This meet will be governed by the current 2009-2010 Federation Rules. All Events will be timed finals. There will be one (1) false start rule for all 8 & Under events. It will be the coaches’ responsibility to get their swimmers to the seeding area prior to the start of each event. Coaches’ packets will be provided the day of the meet at the admission table. NO scratch meeting – “positive check-in for the 400m free”.

Awards: Ribbons will be given to 1<sup>st</sup> through 12<sup>th</sup> place finishers in each event.

Final Results: Individual event results will be posted the day of the meet. Coaches will receive a final copy of meet results if requested and/or check the CPAL league website.

**Entries:** This meet is open to all swimmers that are members of the club in which they represent. Each swimmer may participate in a maximum of four (4) events. Use the age of the swimmer the day of the meet to determine his/her age group. Please follow the age guidelines for each event – no exceptions. All entries must be METER times. Entries for which a swimmer has no time must be listed with a “NT”. All entries should be submitted on a disk using Hy-Tek Team Manager software (Hy-Tek Team Manager entry file will be located on CPAL website). Entries may be e-mailed, however, a hard copy and payment must follow within three (3) days. The meet director reserves the right to limit entries in order to stay within a reasonable time limit. Entries will be taken on a first-come-first-serve basis. If limits become necessary, teams will be notified through their club contact.

**Closing Date:** Entries must be received no later than Friday, November 13<sup>th</sup> to Sue Gast at SuePATucky@aol.com. All hard copies and check must be received by Tuesday, November 17<sup>th</sup> to

Lebanon Valley Family YMCA  
Attn: Jaci Arnold  
201 N 7<sup>th</sup> Street  
Lebanon, PA 17046

NO deck seeding on the day of the meet.

**Entry Fees:** Cost for each event is \$4.00. Entries not submitted using Hy-Tek Team Manager software will cost \$6.00 per event. ONE check per team should be made payable to the Lebanon Valley Family YMCA.

**Meet Admission:** The cost of admission is \$2.00. Children under the age of 12 are free. The cost of a program is \$3.00.

**Meet Concession:** There will be a variety of foods available.

**Start Time:** The meet will begin at 1pm. Warm-ups begin at 11:30am with teams being assigned a slot the week before the meet.

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**FINANCIAL SUMMARY**

Please return this sheet with your entry materials!!!

TEAM NAME: \_\_\_\_\_

Total number of swimmers attending: \_\_\_\_\_

Total number of individual events: \_\_\_\_\_  
(all ages ... boys and girls)

Total number of entries X \$4.00 \_\_\_\_\_

**TOTAL MONEY OWED:** \_\_\_\_\_

**Make checks payable to: Lebanon Valley Family YMCA**

**\*\*\*Your entries are not valid without ONE(1) check written for the amount above along with a hard copy of your entries!!!**

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**TEAM INFORMATION:**

**TEAM NAME** \_\_\_\_\_

**COACH** \_\_\_\_\_

**COACH** \_\_\_\_\_

**CONTACT PERSON** \_\_\_\_\_

**CONTACT ADDRESS** \_\_\_\_\_

**CONTACT PHONE** \_\_\_\_\_

**CONTACT E-MAIL ADDRESS** \_\_\_\_\_

**ADULT NAME FOR GYM SUPERVISION** \_\_\_\_\_

**\*Entries will not be accepted without a name in the above space!\***

**NOTE: Each team is responsible for their own "team area" for trash clean-up. Any damage that is done to the facility will be the sole responsibility of that team in that area.**

***THANK YOU FOR YOUR HELP!!!!***

Please mail this form, your financial statement, and hard copy of entries along with **ONE** check made payable to **Lebanon Valley Family YMCA** to:

Lebanon Valley Family YMCA  
Attn: Jaci Arnold  
201 N 7<sup>th</sup> Street  
Lebanon, PA 17046

(You may bring your materials and/or entries to the November league meeting.)

Questions – feel free to call Jaci Arnold 717-507-2307 or [jarnold@lebanonymca.org](mailto:jarnold@lebanonymca.org)