

Inaugural AquaFest
Hosted by Cumberland Valley Aquatic Club
Saturday, October 31, 2009

AquaFest is an all age group invitational swim meet. Event listing is attached.

Location: Cumberland Valley Aquatic Club
6746 Carlisle Pike
Mechanicsburg, PA 17050
Directions attached.

Facility: The Cumberland Valley High School Natatorium is an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards, with a six (6) lane warm-up/warm-down area opposite the competition pool. A fully automatic Colorado 5 timing system with display board, touch pads at the finish for 9 & over swimmers and "2-button finish" for 8&U swimmers will be used. We will be using Hy-Tek meet management software. Team areas and ready bull pen will be provided for swimmers. Spectator seating is available in the gallery area above the pool.

Meet Director: Michael Clark
6 Cedar Road
Carlisle, PA 17015
(cell) 576-9334
paclarkfamily@comcast.net

Entries: This meet is open to all swimmers that are registered with the teams invited. Each swimmer may swim a maximum of **four (4) individual events**. The swimmers age will be determined as of October 31, 2009. All entries should be submitted on disk using Hy-Tek meet management software. If software is not available, use the attached entry form. All entry times should be in yards. If no times are available, enter with a NT in the space provided. Entries may be e-mailed; however, hard copy and payment must follow within three (3) days. We will cap the event at 300 swimmers. **Deadline for registration is October 23, 2009.**

Entry Fees: \$3.50 per individual event. (Note: If you will not be entering using the Hy-Tek software, the entry fee is \$5.00 per individual event.) Please send one (1) check for the total amount of your team entry. Make all checks payable to Cumberland Valley Aquatic Club. Entry packages and payment should be sent to:

Cumberland Valley Aquatic Club
PO Box 50
Enola, PA 17025
E-Mail: paclarkfamily@comcast.net
Phone: (717) 576-9334

Deck seeds will be allowed in events with open lanes in the slowest heats. Deck seeded events will be \$7.00 per event.

Admission: Admission to the meet will be \$2.00 for anyone 15 or older.

Programs: \$3.00 each.

Concessions: Various food items will be available throughout the day in the lobby outside the Natatorium.

Swim Shop: Action Accents is invited for the entire day for swimmers.

Start Times: **Gates open at 7:00 a.m.** Meet will be a single session with a 15 minute break at the half-way point in the meet.

Warm-ups: Group 1: 7:30 – 7:50 Group 2: 7:55 – 8:15 Group 3 8:20 – 8:40
One Way Dives 8:40 – 8:55
Specific group assignment will be given closer to the meet.

Meet Schedule:

| | |
|-----------|------------------------------|
| 8:35 a.m. | Officials and Timers Meeting |
| 8:55 a.m. | Clear pool |
| 9:00 a.m. | Meet Begins |

Awards: Custom Medals for 1st - 3rd place
Custom Ribbons for 4th – 12th place
No medals or ribbons will be given for 15&Over swimmers
Hot Heat Awards – At least one Hot Heat per event

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Cumberland Valley Natatorium Directions

From North – Take I-81 South to the Route 114 exit and make a left at light - go to traffic light at Rt. 11 - (Giant Store/Sheetz's gas station on right, Silver Springs Commons on left) bear right at light (Rt. 11 south. Proceed approximately 2 miles to the CV Education Park on the right. To get to pool pass the main entrance and stadium and make right onto Dapp Road. Make right onto access road past Stadium and go straight ahead to pool parking. Enter pool at the large “CV” Entrance.

From South – Take I-81 North to the New Kingstown exit onto Rt. 11 North. Go approximately 3 miles to school on left - school is located along Rt. 11.

From the South and PA Turnpike – Take Route 83 North to Route 581 West to Route 81 South. Proceed to Route 114 (exit 57) Turn left at the end of the ramp onto Route 114 to Route 11 (Carlisle Pike). Turn right onto Carlisle Pike (at the Sheetz) and proceed approximately 2 miles to the CV Educational Park on the right.

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Entry Check List
To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$3.50 = \$_____

(NOTE: If you are NOT entering on disk, please multiply your total number of events entered by \$5.00)

Total of your Check: \$_____ made payable to **CVAC**

Mail to:

CVAC
PO Box 50
Enola, PA 17025

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Events

| Girls | Event | Boys |
|--------------|---------------------------|-------------|
| 1 | Open 200 Freestyle | 2 |
| 3 | 8 & Under 25 Freestyle | 4 |
| 5 | 9-10 50 Freestyle | 6 |
| 7 | 11-12 50 Freestyle | 8 |
| 9 | 13-14 50 Freestyle | 10 |
| 11 | Open 200 Backstroke | 12 |
| 13 | 8 & Under 25 Breaststroke | 14 |
| 15 | 9-10 50 Breaststroke | 16 |
| 17 | 11-12 50 Breaststroke | 18 |
| 19 | 13-14 100 Breaststroke | 20 |
| 21 | Open 200 Butterfly | 22 |
| 23 | 8 & Under 25 Backstroke | 24 |
| 25 | 9-10 50 Backstroke | 26 |
| 27 | 11-12 50 Backstroke | 28 |
| 29 | 13-14 100 Backstroke | 30 |
| 31 | 8 & Under 25 Butterfly | 32 |
| 33 | 9-10 50 Butterfly | 34 |
| 35 | 11-12 50 Butterfly | 36 |
| 37 | 13-14 100 Butterfly | 38 |
| 39 | Open 200 Breaststroke | 40 |
| 41 | 8 & Under 50 Freestyle | 42 |
| 43 | 9-10 100 Freestyle | 44 |
| 45 | 11-12 100 Freestyle | 46 |
| 47 | 13-14 100 Freestyle | 48 |
| 49 | 8 & Under 100 IM | 50 |
| 51 | 9-10 100 IM | 52 |
| 53 | 11-12 100 IM | 54 |
| 55 | Open 200 IM | 56 |