

Invitation to the 52nd Tournament of Champions

A "closed YMCA" Invitational
Sunday, January 28, 2007



Proudly hosted by the Aquatic Club of the YMCA of York and York County

- Location:** York YMCA Southern Branch, 100 Constitution Avenue, Shrewsbury, PA. This meet is held in our 8 lane, 25 yard pool which is equipped with the Colorado timing system. Roller rink area will be available for swimmers and spectators when not swimming.
- Purpose:** To give swimmers the opportunity to qualify for YMCA Districts and Nationals, fulfill the 3 "closed" meet rule, and provide the opportunity for younger swimmers to swim longer distance events.
- Eligibility:** Swimmer must be a registered member of their current 2006-07 YMCA team. Swimmers age will be determined as of December 1, 2006.
- Rules:** The York YMCA Tournament of Champions is governed by the current 2006 USA Swimming Technical Rules. All events will be timed finals. There will be no false starts.
- Entries:** Swimmers may swim 4 individual events. Individual events are \$4.00. All entries should be submitted on disk using the Hy-Tek Team Manger software. The file containing the events for this meet may be downloaded from our web site at www.swimyorky.org or at www.swimcpal.org. Entries may also be e-mailed to BCGUNN60@comcast.net. All entry times should be in yards. Entries, for which a swimmer has no time, must be entered with a NT in the space provided for the entry time. Deck entries will be accepted at \$8.00 per event. Payment should be made payable to the **Aquatic Club of the York YMCA** and should be mailed to:

Brian Gunn, Tournament of Champions Meet Director
722 Dogwood Circle
York, PA 17403

E-Mail: BCGUNN60@comcast.net Phone: 717-845-4112

All entries must be received by January 22, 2007

Admission: Admission is \$2.00, program \$3.00

Schedule: First warm-up session begins 7:30am
Meet start 9:10 am

Safety: There will be NO DIVING from the shallow end (non-block) at any time during warm-ups or during the meet. There will be NO DIVING from the starting blocks and no backstroke starts during warm-up sessions, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-up Safety procedures.

Awards: Individual events will receive medals 1st-3rd, ribbons 4th – 8th.
In events for 10 & Under, 0-8 & 9-10 will be scored separately
In events for 12 & Under, 0-8, 9-10 & 11-12 will be scored separately
In events for 11 & Over, 11-12, 13-14, 15 & Over will be scored separately
In events for 13 & Over, 13-14 & 15 & Over will be scored separately
Heat prizes will be awarded

Concession: Concession area will be available with a variety of items for the entire meet.

Directions: York YMCA Southern Branch, Shrewsbury, PA - Take Route 83 South to the Shrewsbury exit. At the end of the exit ramp turn right. Follow this road west until you come to Main Street. Turn left onto Main. Follow Main south until you come to Constitution Avenue. Turn right onto Constitution. The Y is on the left.

