

2019 AquaFest

Hosted by Cumberland Valley Aquatic Club



Sunday, November 17, 2019

AquaFest is an Invitational Swim Meet. Event listing is attached.

Special note regarding spectator seating: *The spectator seating area is limited to 375 spectators by order of the fire marshal and CV school district. In order for all families to have a positive experience, we ask that you bring chairs and blankets to set up in the hallway, lobby, or cafeteria within the school and walk up to see your swimmer swim. Breaks are included in the schedule, please see the event listing. In the event the spectator area becomes overcrowded, **we reserve the right to restrict access to this area.** Thank you for your understanding. Other CV school district spectator restrictions:*

- No food or drink (except water) in the seating area
- No reserving, marking, saving seats
- No blocking of designated walkways and stairs
- No large bags, backpacks, blankets, etc.

Location: Cumberland Valley Aquatic Club
6746 Carlisle Pike
Mechanicsburg, PA 17050
Directions attached.

Facility: The Cumberland Valley High School Natatorium is an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards, with a six (6) lane warm-up/warm-down area opposite the competition pool. A fully automatic Colorado 6 timing system with display board, touch pads at the finish for 9 & over swimmers and “2-button finish” for 8&U swimmers will be used. We will be using Hy-Tek meet management software. Team areas will be provided for swimmers on deck. Spectator seating is available in the gallery area above the pool.

Meet Director:

Myla Groh
cvacmeetdirector@gmail.com
Cell Phone: 717-580-0080

Entries / Fees: This meet is open to all swimmers that are registered with the teams invited. Each swimmer may swim a **maximum of five (5) individual events**. The swimmers age will be determined as of November 17, 2019. All entries should be submitted on disk using Hy-Tek meet management software. If software is not available, use the attached entry form. All entry times should be in yards. If no times are available, enter with a NT in the space provided. We will cap the event at 400 swimmers.

***Deadline for registration is November 3, 2019.** Entries files must be emailed to cvaccoaches@gmail.com on or before the registration deadline.

Entry fee is \$4.00 per individual event.

Make all checks payable to Cumberland Valley Aquatic Club. Please send one (1) check for the total amount of your team entry.

Payment, and a paper copy of the entry file, is due to the CVAC Treasurer on or before November 13th, 2019:

Cumberland Valley Aquatic Club

(c/o Bradley Cramer, CVAC Treasurer)
42 Warwick Circle
Mechanicsburg, PA 17050
E-Mail: cvacmeetdirector@gmail.com

Admission: Admission to the meet will be \$3.00 for anyone 13 or older. Heat sheets and results will be available through the MeetMobile app.



Concessions: Various food items will be available throughout the day in the lobby outside the Natatorium.

Swim Shop: Personal Best Swim Shop will be in the lobby for all your swim shopping needs

Tee Shirts: AquaFest T-shirts are available for pre-order: [link forwarded to entered teams as soon as available]

Start Times: **Doors open at 7:30 a.m.** Meet will be a single session.

Warm-ups: Warm-ups will begin at 7:50am. Coaches will check with the scorer's table for whether there are lane assignments for warm-ups. Coaches may use both the competition pool and the warm-up pool.

| | | |
|-----------------------|-----------|------------------------------|
| Meet Schedule: | 7:45 a.m. | Scratch meeting |
| | 7:50 a.m. | Warm-up begins |
| | 8:35 a.m. | Officials and Timers Meeting |
| | 8:55 a.m. | Clear pool |
| | 9:00 a.m. | Meet Begins |

Awards: Custom Medals for 1st- 3rd place; custom ribbons for 4th – 12th place. Awards will need to be picked up at the end of the meet. Awards will not be forwarded.

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Cumberland Valley Natatorium Directions

From North – Take I-81 South to the Route 114 exit and make a left at light - go to traffic light at Rt. 11 - (Giant Store/Sheetz's gas station on right, Silver Springs Commons on left) bear right at light (Rt. 11 south. Proceed approximately 2 miles to the CV Education Park on the right. To get to pool pass the main entrance and stadium and make right onto Dapp Road. Make right onto access road past Stadium and go straight ahead to pool parking. Enter pool at the large “CV” Entrance.

From South – Take I-81 North to the New Kingstown exit onto Rt. 11 North. Go approximately 3 miles to school on left - school is located along Rt. 11.

From the South and PA Turnpike – Take Route 83 North to Route 581 West to Route 81 South. Proceed to Route 114 (exit 57). Turn left at the end of the ramp onto Route 114 to Route 11 (Carlisle Pike). Turn right onto Carlisle Pike (at the Sheetz) and proceed approximately 2 miles to the CV Educational Park on the right.

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Entry Check List

To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$4.00 = \$ _____

Total of your Check: \$ _____ made payable to **CVAC**

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| Girls | Event | Boys |
|--------------|--------------------------------|-------------|
| 1 | Open 200 Free | 2 |
| 3 | 8 & Under 25 Yard Freestyle | 4 |
| 5 | 9-10 50 Yard Freestyle | 6 |
| 7 | 11-12 50 Yard Freestyle | 8 |
| 9 | 13-18 50 Yard Freestyle | 10 |
| 11 | 8 & Under 25 Yard Breaststroke | 12 |
| 13 | 9-10 50 Yard Breaststroke | 14 |
| 15 | 11-12 50 Yard Breaststroke | 16 |
| 17 | 13-18 50 Yard Breaststroke | 18 |
| 19 | Open 200 Breaststroke | 20 |
| 21 | 8 & Under 25 Yard Backstroke | 22 |
| 23 | 9-10 50 Yard Backstroke | 24 |
| 25 | 11-12 50 Yard Backstroke | 26 |
| 27 | 13-18 100 Yard Backstroke | 28 |
| 29 | Open 200 Backstroke | 30 |
| 31 | 8 & Under 25 Yard Butterfly | 32 |
| 33 | 9-10 50 Yard Butterfly | 34 |
| 35 | 11-12 50 Yard Butterfly | 36 |
| 37 | 13-18 100 Yard Butterfly | 38 |
| 39 | Open 200 Butterfly | 40 |
| 41 | 8 & Under 50 Yard Freestyle | 42 |
| 43 | 9-10 100 Yard Freestyle | 44 |
| 45 | 11-12 100 Yard Freestyle | 46 |
| 47 | 13-14 100 Yard Freestyle | 48 |
| 49 | 15-18 100 Yard Freestyle | 50 |
| 51 | 8 & Under 100 Yard IM | 52 |
| 53 | 9-10 100 Yard IM | 54 |
| 55 | 11-18 100 Yard IM | 56 |
| 57 | Open 200 Yard IM | 58 |