



2018 AquaFest

Hosted by Cumberland Valley Aquatic Club
Sunday, November 18, 2018

AquaFest is an invitational swim meet.
Event listing is attached.

Special note regarding spectator seating: *The spectator seating area is limited to 375 spectators by order of the fire marshal and CV school district. In order for all families to have a positive experience, we ask that you bring chairs and blankets to set up in the hallway, lobby, or cafeteria within the school and walk up to see your swimmer swim. Breaks are included in the schedule, please see the event listing. In the event the spectator area becomes overcrowded, we reserve the right to restrict access to this area. Thank you for your understanding. Other CV school district spectator restrictions:*

- No food or drink (except water) in the seating area
- No reserving, marking, saving seats
- No blocking of designated walkways and stairs
- No large bags, backpacks, blankets, etc.

Location: Cumberland Valley High School
6746 Carlisle Pike
Mechanicsburg, PA 17050
Directions attached.

Facility: The Cumberland Valley High School Natatorium is an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards, with a six (6) lane warm-up/warm-down area opposite the competition pool. A fully automatic Colorado 6 timing system with display board, touch pads at the finish for 9 & over swimmers and “2-button finish” for 8&U swimmers will be used. We will be using Hy-Tek meet management software. Team areas will be provided for swimmers on deck. Spectator seating is available in the gallery area above the pool.

Meet Director: Melinda Bialousz
cvacmeetdirector@gmail.com
Cell Phone: 717-961-7644

Entries/Fees: This meet is open to all swimmers that are registered with the teams invited. Each swimmer may swim a **maximum of five (5) individual events**. The swimmers age will be determined as of November 18, 2018. All entries should be submitted on disk using Hy-Tek meet management software. If software is not available, use the attached entry form. All entry times should be in yards. If no times are available, enter with a NT in the space provided. We will cap the event at 400 swimmers.

***Deadline for registration is November 4, 2018.** Entries files must be emailed to cvaccoaches@gmail.com on or before the registration deadline.

Entry fee is \$4.00 per individual event.

Make all checks payable to Cumberland Valley Aquatic Club. Please send one (1) check for the total amount of your team entry.

Payment, and a paper copy of the entry file, is due to the CVAC Treasurer on or before November 11, 2018:

Mail to:
Cumberland Valley Aquatic Club
(c/o Bradley Cramer, CVAC Treasurer)
42 Warwick Circle
Mechanicsburg, PA 17050
E-Mail: cvacmeetdirector@gmail.com

- Admission:** Admission to the meet will be \$3.00 for anyone 13 or older. Limited Heat sheets will be available at the admissions table. Heat sheets and results will be available through the MeetMobile app.
- Concessions:** Various food items will be available throughout the day in the lobby outside the Natatorium.
- Swim Shop:** Personal Best Swim Shop will be in the lobby for all your swim shopping needs!
- Tee Shirts:** AquaFest Tee shirts are available to pre-order here:
http://artisticimprints.3dcartstores.com/CVAC--Aquafest-Invitational_c_600.html
*Final deadline to order is November 1, 2018. Shirts will be available for pick-up at volunteer check in table the morning of the meet. There will be **no** shirts available to buy the day of the meet.
- Start Times:** **Doors open at 7:30 a.m.** Meet will be a single session.
- Warm-ups:** Warm-ups will begin at 7:50am. Coaches will check with the scorer's table for whether there are lane assignments for warm-ups. Coaches may use both the competition pool and the warm-up pool.
- Meet Schedule:**
- | | |
|-----------|------------------------------|
| 7:45 a.m. | Scratch meeting |
| 7:50 a.m. | Warm-up begins |
| 8:35 a.m. | Officials and Timers Meeting |
| 8:55 a.m. | Clear pool |
| 9:00 a.m. | Meet Begins |
- Awards:** Custom Medals for 1st- 3rd place; custom ribbons for 4th – 12th place. Awards will need to be picked up at the end of the meet. Awards will not be forwarded.

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Directions Cumberland Valley Natatorium

Cumberland Valley High School
6746 Carlisle Pike
Mechanicsburg, PA 17050

From North – Take I-81 South to the Route 114 exit and make a left at light - go to traffic light at Rt. 11 - (Giant Store/Sheetz's gas station on right, Silver Springs Commons on left) bear right at light (Rt. 11 south. Proceed approximately 2 miles to the CV Education Park on the right. To get to pool pass the main entrance and stadium and make right onto Dapp Road. Make right onto access road past Stadium and go straight ahead to pool parking. Enter pool at the large “CV” entrance.

From South – Take I-81 North to the New Kingstown exit onto Rt. 11 North. Go approximately 3 miles to school on left - school is located along Rt. 11.

From the South and PA Turnpike – Take Route 83 North to Route 581 West to Route 81 South. Proceed to Route 114 (exit 57). Turn left at the end of the ramp onto Route 114 to Route 11 (Carlisle Pike). Turn right onto Carlisle Pike (at the Sheetz) and proceed approximately 2 miles to the CV Educational Park on the right.

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Entry Check List

To be submitted with your entry

Team Information

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$4.00 = \$ _____

Total of your Check: \$ _____ made payable to **CVAC**

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Girls	Event	Boys
1	Open 200 Free	2
3	8 & Under 25 Yard Freestyle	4
5	9-10 50 Yard Freestyle	6
7	11-12 50 Yard Freestyle	8
9	13-18 50 Yard Freestyle	10
11	8 & Under 25 Yard Breaststroke	12
13	9-10 50 Yard Breaststroke	14
15	11-12 50 Yard Breaststroke	16
17	13-18 50 Yard Breaststroke	18
19	Open 200 Breaststroke	20
21	8 & Under 25 Yard Backstroke	22
23	9-10 50 Yard Backstroke	24
25	11-12 50 Yard Backstroke	26
27	13-18 100 Yard Backstroke	28
29	Open 200 Backstroke	30
31	8 & Under 25 Yard Butterfly	32
33	9-10 50 Yard Butterfly	34
35	11-12 50 Yard Butterfly	36
37	13-18 100 Yard Butterfly	38
39	Open 200 Butterfly	40
41	8 & Under 50 Yard Freestyle	42
43	9-10 100 Yard Freestyle	44
45	11-12 100 Yard Freestyle	46
47	13-18 100 Yard Freestyle	48
49	Open 100 Free	50
51	8 & Under 100 Yard IM	52
53	9-10 100 Yard IM	54
55	11-18 100 Yard IM	56
57	Open 200 Yard IM	58



WATER INSTINCT