

2016 CPAL All-Star Championship Meet - 2/21/2016**Hosted by ACWS****Sunday, February 21, 2016 (SC Yards - 6 Lanes)****Session Report**

Session: 1 Morning Session - Warm-ups begin 8:30am

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 40 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 8 & Under 100 Medley Relay	6	1	10:00 AM	_____
Finals	2 Girls 8 & Under 100 Medley Relay	6	1	10:04 AM	_____
Finals	3 Boys 9-10 200 Medley Relay	6	1	10:06 AM	_____
Finals	4 Girls 9-10 200 Medley Relay	6	1	10:10 AM	_____
	Break: 10 Minutes:				
Finals	5 Boys 8 & Under 25 Freestyle	11	2	10:24 AM	_____
Finals	6 Girls 8 & Under 25 Freestyle	12	2	10:26 AM	_____
	Break: 2 Minutes:				
Finals	7 Boys 9-10 50 Freestyle	12	2	10:29 AM	_____
Finals	8 Girls 9-10 50 Freestyle	12	2	10:32 AM	_____
	Break: 2 Minutes:				
Finals	9 Boys 8 & Under 25 Breaststroke	12	2	10:36 AM	_____
Finals	10 Girls 8 & Under 25 Breaststroke	12	2	10:39 AM	_____
	Break: 2 Minutes:				
Finals	11 Boys 9-10 50 Breaststroke	12	2	10:43 AM	_____
Finals	12 Girls 9-10 50 Breaststroke	12	2	10:46 AM	_____
	Break: 10 Minutes:				
Finals	13 Boys 8 & Under 50 Freestyle	12	2	10:58 AM	_____
Finals	14 Girls 8 & Under 50 Freestyle	12	2	11:01 AM	_____
Finals	15 Boys 9-10 100 Freestyle	12	2	11:04 AM	_____
Finals	16 Girls 9-10 100 Freestyle	12	2	11:08 AM	_____
	Break: 2 Minutes:				
Finals	17 Boys 8 & Under 25 Backstroke	12	2	11:14 AM	_____
Finals	18 Girls 8 & Under 25 Backstroke	12	2	11:16 AM	_____
	Break: 2 Minutes:				
Finals	19 Boys 9-10 50 Backstroke	12	2	11:21 AM	_____
Finals	20 Girls 9-10 50 Backstroke	12	2	11:24 AM	_____
	Break: 10 Minutes:				
Finals	21 Boys 8 & Under 25 Butterfly	12	2	11:37 AM	_____
Finals	22 Girls 8 & Under 25 Butterfly	12	2	11:39 AM	_____
	Break: 2 Minutes:				
Finals	23 Boys 9-10 50 Butterfly	12	2	11:43 AM	_____
Finals	24 Girls 9-10 50 Butterfly	12	2	11:46 AM	_____
Finals	25 Boys 8 & Under 100 IM	12	2	11:48 AM	_____
Finals	26 Girls 8 & Under 100 IM	12	2	11:54 AM	_____
Finals	27 Boys 9-10 100 IM	12	2	11:59 AM	_____
Finals	28 Girls 9-10 100 IM	12	2	12:03 PM	_____
	Break: 10 Minutes:				
Finals	29 Boys 8 & Under 100 Freestyle Relay	6	1	12:17 PM	_____
Finals	30 Girls 8 & Under 100 Freestyle Relay	6	1	12:19 PM	_____
Finals	31 Boys 9-10 200 Freestyle Relay	6	1	12:21 PM	_____
Finals	32 Girls 9-10 200 Freestyle Relay	6	1	12:25 PM	_____

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Round	Event	Entries	Heats	Starts at
	Swimmers Counts for Warm-ups: 238	=====	=====	
	Entry / Heat Totals:	335	56	
	Finish Time			12:28 PM _____

2016 CPAL All-Star Championship Meet - 2/21/2016

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Sunday, February 21, 2016 (SC Yards - 6 Lanes)

Session Report

Session: 2 Afternoon Session - Warm-ups begin 12:45pm

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 40 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Boys 11 & Over 200 Freestyle	11	2	02:00 PM	_____
Finals	34 Girls 11 & Over 200 Freestyle	12	2	02:06 PM	_____
Finals	35 Boys 11-12 200 Medley Relay	6	1	02:12 PM	_____
Finals	36 Girls 11-12 200 Medley Relay	6	1	02:15 PM	_____
Finals	37 Boys 13-14 200 Medley Relay	3	1	02:19 PM	_____
Finals	38 Girls 13-14 200 Medley Relay	5	1	02:21 PM	_____
Break: 10 Minutes:					
Finals	39 Boys 15 & Over 200 Medley Relay	4	1	02:35 PM	_____
Finals	40 Girls 15 & Over 200 Medley Relay	3	1	02:37 PM	_____
Finals	41 Boys 11-12 50 Freestyle	12	2	02:40 PM	_____
Finals	42 Girls 11-12 50 Freestyle	12	2	02:43 PM	_____
Finals	43 Boys 13-14 50 Freestyle	12	2	02:45 PM	_____
Finals	44 Girls 13-14 50 Freestyle	12	2	02:47 PM	_____
Finals	45 Boys 15 & Over 50 Freestyle	10	2	02:50 PM	_____
Finals	46 Girls 15 & Over 50 Freestyle	12	2	02:52 PM	_____
Break: 10 Minutes:					
Finals	47 Boys 11-12 50 Breaststroke	12	2	03:04 PM	_____
Finals	48 Girls 11-12 50 Breaststroke	11	2	03:07 PM	_____
Finals	49 Boys 13-14 100 Breaststroke	12	2	03:09 PM	_____
Finals	50 Girls 13-14 100 Breaststroke	12	2	03:13 PM	_____
Finals	51 Boys 15 & Over 100 Breaststroke	10	2	03:17 PM	_____
Finals	52 Girls 15 & Over 100 Breaststroke	11	2	03:21 PM	_____
Finals	53 Boys 11-12 100 Freestyle	12	2	03:25 PM	_____
Finals	54 Girls 11-12 100 Freestyle	12	2	03:29 PM	_____
Finals	55 Boys 13-14 100 Freestyle	12	2	03:32 PM	_____
Finals	56 Girls 13-14 100 Freestyle	12	2	03:36 PM	_____
Finals	57 Boys 15 & Over 100 Freestyle	10	2	03:39 PM	_____
Finals	58 Girls 15 & Over 100 Freestyle	12	2	03:42 PM	_____
Break: 10 Minutes:					
Finals	59 Boys 11-12 50 Backstroke	12	2	03:56 PM	_____
Finals	60 Girls 11-12 50 Backstroke	12	2	03:58 PM	_____
Finals	61 Boys 13-14 100 Backstroke	12	2	04:01 PM	_____
Finals	62 Girls 13-14 100 Backstroke	12	2	04:05 PM	_____
Finals	63 Boys 15 & Over 100 Backstroke	12	2	04:09 PM	_____
Finals	64 Girls 15 & Over 100 Backstroke	12	2	04:15 PM	_____
Finals	65 Boys 11-12 50 Butterfly	12	2	04:19 PM	_____
Finals	66 Girls 11-12 50 Butterfly	12	2	04:22 PM	_____
Finals	67 Boys 13-14 100 Butterfly	12	2	04:24 PM	_____
Finals	68 Girls 13-14 100 Butterfly	12	2	04:28 PM	_____
Finals	69 Boys 15 & Over 100 Butterfly	10	2	04:32 PM	_____
Finals	70 Girls 15 & Over 100 Butterfly	7	2	04:35 PM	_____
Break: 10 Minutes:					

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Round	Event	Entries	Heats	Starts at	
Finals	71 Boys 11-12 100 IM	12	2	04:50 PM	_____
Finals	72 Girls 11-12 100 IM	12	2	04:54 PM	_____
Finals	73 Boys 13-14 200 IM	12	2	04:58 PM	_____
Finals	74 Girls 13-14 200 IM	12	2	05:04 PM	_____
Finals	75 Boys 15 & Over 200 IM	8	2	05:11 PM	_____
Finals	76 Girls 15 & Over 200 IM	9	2	05:18 PM	_____
	Break: 10 Minutes:				
Finals	77 Boys 11-12 200 Freestyle Relay	5	1	05:35 PM	_____
Finals	78 Girls 11-12 200 Freestyle Relay	6	1	05:38 PM	_____
Finals	79 Boys 13-14 200 Freestyle Relay	5	1	05:41 PM	_____
Finals	80 Girls 13-14 200 Freestyle Relay	6	1	05:44 PM	_____
Finals	81 Boys 15 & Over 200 Freestyle Relay	4	1	05:46 PM	_____
Finals	82 Girls 15 & Over 200 Freestyle Relay	4	1	05:49 PM	_____
	Swimmers Counts for Warm-ups: 307	=====	=====		
	Entry / Heat Totals:	490	88		
	Finish Time			05:52 PM	_____