

Central Pennsylvania Aquatic League 2009
Top 16 [http://www.swimcpal.org]

Meets (byDate Descending)

Meet Name	Start Date	End Date	Course	Location	Sanction #	Age Up	Since	Type
2009 CPAL All-Star Championship Meet	2/15/2009	2/15/2009	Y	Cumberland Valley HS		12/1/2008		
2009 CPAL Division 1A Meet	2/14/2009	2/14/2009	Y	York YMCA - Graham Aquatic Center		12/1/2008		
2009 CPAL Division 2A Meet	2/14/2009	2/14/2009	Y	Big Spring High School		12/1/2008		
2009 CPAL Division 4A Meet	2/14/2009	2/14/2009	Y	West Shore Natatorium		12/1/2008		
2009 CPAL Division 3A Meet	2/14/2009	2/14/2009	Y	Palmyra High School		12/1/2008		
WSY Valentine 9 & Under Swim Meet	2/8/2009	2/8/2009	Y	at the CV Natatorium		12/1/2008		
SHIP AT HAY 2-7-09	2/7/2009	2/7/2009	S	HANOVER YMCA		12/1/2008		
CPAL Dual Meet White Lightning vs NDCY 2009	2/7/2009	2/7/2009	Y	9 Lancaster Family YMCA		12/1/2008		
EAC vs. PAC 2_7_2009	2/7/2009	2/7/2009	Y	Elizabethtown Aquatic Club		12/1/2008		
EPAC at SMSC	2/1/2009	2/1/2009	Y	SMSC Boiling Springs Pool		12/1/2008		
ACWSvsLPAC	1/31/2009	1/31/2009	Y	West Shore Natatorium		12/1/2008		
SLST vs York Y	1/31/2009	1/31/2009	Y	PSU-Harrisburg		12/1/2008		
Waynesboro and Chambersburg at Carlisle YMCA	1/31/2009	1/31/2009	Y	CA Carlisle Family YMCA		12/1/2008		
BSAC at SMSC	1/31/2009	1/31/2009	Y	SMSC Boiling Springs Pool		12/1/2008		
Collegiate VS MCS 1-31-09	1/31/2009	1/31/2009	Y	MECHANICSBURG		12/1/2008		
MASCvs Ship 1-31-09	1/31/2009	1/31/2009	Y	JBHS		12/1/2008		
GETTY AT HAY 1-31-09	1/31/2009	1/31/2009	S	HANOVER YMCA		12/1/2008		
LANC at LEBY	1/31/2009	1/31/2009	S	Lebanon YMCA		12/1/2008		
PACS vs FSC	1/31/2009	1/31/2009	Y	Palmyra High School		12/1/2008		
Lancaster YMCA vs Hershey	1/31/2009	1/31/2009	Y	Lancaster Family YMCA		12/1/2008		
YYvMARA	1/25/2009	1/25/2009	Y	Millersville University		12/1/2008		
NDCY at PACS	1/24/2009	1/24/2009	Y	Palmyra High School		12/1/2008		
Lancaster YMCA at WSY	1/24/2009	1/24/2009	Y	Northern High School		12/1/2008		
W2009 WAY at EPAC	1/24/2009	1/24/2009	Y	East Pennsboro		12/1/2008		
SLST@Gety	1/24/2009	1/24/2009	S	Gettysburg, PA		12/1/2008		
EAC vs. FSC	1/24/2009	1/24/2009	Y	Elizabethtown Aquatic Club		12/1/2008		
LPAC vs. LVO	1/24/2009	1/24/2009	S	Lebanon Valley College		12/1/2008		
NYAC at ACWS	1/24/2009	1/24/2009	Y	red Land High school		12/1/2008		
Hershey @ CVAC	1/24/2009	1/24/2009	Y	Cumberland Valley Natatorium		12/1/2008		
CHAMB VS MCS 1-24-09	1/24/2009	1/24/2009	Y	MECHANICSBURG		12/1/2008		
MASC vs SMSC 1-24-09	1/24/2009	1/24/2009	Y	JBHS		12/1/2008		
YY vs. HAY	1/24/2009	1/24/2009	Y	York YMCA - Graham Aquatic Center		12/1/2008		
MASCvsBigSpring1-18-09	1/18/2009	1/18/2009	Y	JBHS		12/1/2008		
PACS vs LEBY	1/17/2009	1/17/2009	Y	Palmyra High School		12/1/2008		

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ACWS vs Collegiate	1/17/2009	1/17/2009	Y	West Shore Natatorium		12/1/2008		
Mercersburg at Carlisle YMCA	1/17/2009	1/17/2009	Y	Carlisle Family YMCA		12/1/2008		
CC-MA V NYAC-MA	1/17/2009	1/17/2009	S	Chambersburg		12/1/2008		
LFYW @ FSC	1/17/2009	1/17/2009	Y	CCHS		12/1/2008		
BSAC vs WAY	1/17/2009	1/17/2009	Y	Big Spring High School		12/1/2008		
Lancaster YMCA Blue vs. LVO	1/17/2009	1/17/2009	S	Lebanon Valley College		12/1/2008		
Sea Lions vs Millersville	1/17/2009	1/17/2009	Y	PSU-Harrisburg		12/1/2008		
CVAC Snowflake Splash 2009	1/11/2009	1/11/2009	Y	CV High School		12/1/2008		
EAC Frosty Frolic	1/4/2009	1/4/2009	Y	Elizabethtown College Pool		1/4/2009		
LPAC at West Shore YMCA	1/3/2009	1/3/2009	Y	Northern High School		12/1/2008		
EAC vs. NDY	1/3/2009	1/3/2009	Y	Elizabethtown Aquatic Club		12/1/2008		
NYAC vs. Collegiate	1/3/2009	1/3/2009	Y	Northern High School		12/1/2008		
W2008-09 CYAA at EPAC	1/3/2009	1/3/2009	Y	East Pennsboro		12/1/2008		
WayvsMasc12202008	12/20/2008	12/20/2008	S	Way		12/1/2008		
WSY vs. LVO	12/20/2008	12/20/2008	S	Lebanon Valley College		12/1/2008		
Sea Lion @ SAC	12/20/2008	12/20/2008	Y	Shippensburg Senior High School		12/1/2008		
LEBY @ FSC	12/20/2008	12/20/2008	Y	CCHS		12/1/2008		
LFYB @ CVAC	12/20/2008	12/20/2008	Y	Cumberland Valley Natatorium		12/1/2008		
South Middleton at Carlisle YMCA	12/20/2008	12/20/2008	Y	Carlisle Family YMCA		12/1/2008		
CPAL Dual Meet White Lightning vs PAC 2008	12/20/2008	12/20/2008	Y	Lancaster Family YMCA		12/1/2008		
BSAC vs EPAC	12/20/2008	12/20/2008	Y	Big Spring High School		12/1/2008		
MSC vs ACWS	12/20/2008	12/20/2008	Y			12/1/2008		
CC-MA v CA-MA	12/20/2008	12/20/2008	S	ENTER LOCATION HERE		12/1/2008		
HAYvMARA	12/20/2008	12/20/2008	Y	Millersville University		12/1/2008		
BSAC vsCarlisle	12/14/2008	12/14/2008	Y	Big Spring High School		12/1/2008		
W2008-09 MASC at EPAC	12/13/2008	12/13/2008	Y	East pennsboro		12/1/2008		
WSY @ CVAC	12/13/2008	12/13/2008	Y	Cumberland Valley Natatorium		12/1/2008		
CPAL Dual Blue Bolts vs LPAC	12/13/2008	12/13/2008	Y	Lancaster Family YMCA		12/1/2008		
GETY, SAC, MAC Tri Meet 12-13-08	12/13/2008	12/13/2008	S	YWCA Gettysburg & Adams County		12/1/2008		
NDCY @ FSC	12/13/2008	12/13/2008	Y	CCHS		12/1/2008		
WAY at SMSC	12/13/2008	12/13/2008	Y	SMSC Boiling Springs Pool		12/1/2008		
EAC at LEBY	12/13/2008	12/13/2008	S	Lebanon YMCA		12/1/2008		
CHB vs ACWS	12/13/2008	12/1/2010	S	ENTER LOCATION HERE		12/1/2008		
Sea Lions vs Hanover	12/13/2008	12/13/2008	Y	PSU Aquatic Center		12/1/2008		

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NYAC vs. MSC	12/13/2008	12/13/2008	Y	Northern York High School		12/1/2008		
NDCY vs LEBY	12/6/2008	12/6/2008	S	Lebanon YMCA		12/1/2008		
Hershey Vs West Shore YMCA	12/6/2008	12/6/2008	Y	Hershey, PA		12/1/2008		
York YMCA, Shippensburg, GETY 12-06-08	12/6/2008	12/6/2008	S	YWCA Gettysburg & Adams County		12/1/2008		
CPAL Dual Meet White Lightning vs EAC 2008	12/6/2008	12/6/2008	Y	Lancaster Family YMCA		12/1/2008		
LVST @ CVAC	12/6/2008	12/6/2008	Y	Cumberland Valley Natatorium		12/1/2008		
ACWS at PACS	12/6/2008	12/6/2008	Y	Palmyra High School		12/1/2008		
Hershey Vs Lower Paxton	11/29/2008	11/29/2008	Y	Hershey, PA		12/1/2008		
2008 LEBY Pregobbler	11/23/2008	11/23/2008	S	Lebanon YMCA		11/23/2008		
NYAC at SMSC	11/22/2008	11/22/2008	Y	SMSC Boiling Springs Pool		12/1/2008		
LPAC @ CVAC	11/15/2008	11/15/2008	Y	Cumberland Valley Natatorium		12/1/2008		
Newkirk Meet 2008 - Pentathlon	11/8/2008	11/8/2008	S	Chambersburg		12/1/2008		
WSY Kick Off Classic	10/19/2008	10/19/2008	Y	at the Cumberland Valley Natatorium		12/1/2008		
Hershey Vs Lebanon Valley Otters	1/3/2008	1/3/2008	Y	Hershey, PA		12/1/2008		

Total Number of Meets: 82