

Central Pennsylvania Aquatic League 2009
Top 16 [http://www.swimcpal.org]

Individual Top Times

Times since: 01-Aug-08

Number of Top Times: 16 Convert To: Yards Print: Yards

	Time	P/F/S	Name	Age/Yr		
Women 13-14 50 Free						
1	25.13 Y	F	Steff Maurer	13	HAC MA	2/14/2009 2009 CPAL Division 5A Meet
2	25.51 Y	F	Kelly Hamilton	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
3	25.69 Y	F	Madeline Hoch	13	WSY MA	12/20/2008 WSY vs. LVO
4	25.92 Y	F	Emily Ondrizek	14	GETY MA	2/15/2009 2009 CPAL All-Star Championship Meet
5	26.06 Y	F	Alexis Grier	14	HAC MA	11/29/2008 Hershey Vs Lower Paxton
6	26.16 Y	F	Erica Clancy	14	CA MA	2/15/2009 2009 CPAL All-Star Championship Meet
7	26.19 Y	F	Megan Ross	14	WSY MA	1/24/2009 Lancaster YMCA at WSY
8	26.24 Y	F	Julia Atwood	14	NYAC MA	2/14/2009 2009 CPAL Division 4A Meet
9	26.53 Y	F	Caroline Finkbeiner	14	WSY MA	10/19/2008 WSY Kick Off Classic
10	26.60 Y	F	Alicia Mosebrook	13	HAY MA	1/31/2009 GETTY AT HAY 1-31-09
11	26.71 Y	F	Madison Osterhoudt	13	NYAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
12	26.76 Y	F	Samantha Surfus	13	HAC MA	12/6/2008 Hershey Vs West Shore YMCA
13*	26.80 Y	F	Katherine Strahosky	14	CYAA MA	2/14/2009 2009 CPAL Division 2A Meet
13*	26.80 Y	F	Lola Tijani	13	CC MA	12/20/2008 CC-MA v CA-MA
15	26.84 Y	F	Jenny Eurich	13	EAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
16	26.90 Y	F	Caitlin Helsel	13	NYAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
Women 13-14 100 Free						
1	53.02 Y	F	Madeline Hoch	13	WSY MA	2/15/2009 2009 CPAL All-Star Championship Meet
2	54.44 Y	F	Steff Maurer	13	HAC MA	2/14/2009 2009 CPAL Division 5A Meet
3	55.56 Y	F	Kelly Hamilton	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
4	56.34 Y	F	Emily Ondrizek	14	GETY MA	2/14/2009 2009 CPAL Division 1A Meet
5	56.82 Y	F	Alexis Grier	14	HAC MA	1/24/2009 Hershey @ CVAC
6	57.12 Y	F	Samantha Surfus	13	HAC MA	1/31/2009 Lancaster YMCA vs Hershey
7	57.49 Y	F	Megan Ross	14	WSY MA	1/24/2009 Lancaster YMCA at WSY
8	57.50 Y	F	Caroline Finkbeiner	14	WSY MA	10/19/2008 WSY Kick Off Classic
9*	58.29 Y	F	Erica Clancy	14	CA MA	1/11/2009 CVAC Snowflake Splash 2009
9*	58.29 Y	F	Emily Reale	13	EAC MA	1/11/2009 CVAC Snowflake Splash 2009
11	58.30 Y	F	Alana Sheriff	14	PACS MA	2/15/2009 2009 CPAL All-Star Championship Meet
12	58.64 Y	F	Meghan Miller	13	HAC MA	11/29/2008 Hershey Vs Lower Paxton
13	58.84 Y	F	Lola Tijani	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
14	58.96 Y	F	Jessica Burkett	13	WSY MA	12/6/2008 Hershey Vs West Shore YMCA
15	59.04 Y	F	Zowie Day	13	NYAC MA	2/14/2009 2009 CPAL Division 4A Meet
16	59.05 Y	F	Alicia Mosebrook	13	HAY MA	2/15/2009 2009 CPAL All-Star Championship Meet
Women 13-14 200 Free						
1	1:53.88 Y	F	Madeline Hoch	13	WSY MA	2/14/2009 2009 CPAL Division 5A Meet
2	1:58.68 Y	F	Alexis Grier	14	HAC MA	2/14/2009 2009 CPAL Division 5A Meet
3	2:01.70 Y	F	Kelly Hamilton	13	CC MA	12/20/2008 CC-MA v CA-MA
4	2:03.83 Y	F	Emily Ondrizek	14	GETY MA	2/15/2009 2009 CPAL All-Star Championship Meet
5	2:04.37 Y	F	Jessica Burkett	13	WSY MA	1/3/2009 LPAC at West Shore YMCA
6	2:05.89 Y	F	Caroline Finkbeiner	14	WSY MA	10/19/2008 WSY Kick Off Classic
7	2:07.52 Y	F	Kaitlyn Bentzel	13	WSY MA	1/24/2009 Lancaster YMCA at WSY
8	2:08.06 Y	F	Jesse North	13	YY MA	1/24/2009 YY vs. HAY
9	2:08.43 Y	F	Jessica Zeigler	14	HAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
10	2:09.02 Y	F	Megan Ross	14	WSY MA	1/3/2009 LPAC at West Shore YMCA
11	2:09.31 Y	F	Emily Reale	13	EAC MA	2/14/2009 2009 CPAL Division 3A Meet
12	2:09.65 Y	F	Sarah Bischoff	13	NYAC MA	12/13/2008 NYAC vs. MSC
13	2:10.54 Y	F	Zowie Day	13	NYAC MA	1/24/2009 NYAC at ACWS
14	x2:11.42 Y	F	Katelyn Miller	13	NYAC MA	12/13/2008 NYAC vs. MSC
15	2:11.81 Y	F	Alicia Mosebrook	13	HAY MA	12/20/2008 HAYvMARA
16	2:13.03 Y	F	Kelly Strahosky	13	CYAA MA	2/15/2009 2009 CPAL All-Star Championship Meet

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	Time	P/F/S	Name	Age/Yr		
Women 13-14 100 Back						
1	1:00.68 Y	F	Kelly Hamilton	13	CC MA	1/17/2009 CC-MA V NYAC-MA
2	1:01.49 Y	F	Madeline Hoch	13	WSY MA	12/6/2008 Hershey Vs West Shore YMCA
3	1:01.61 Y	F	Morgan Pfaff	14	WSY MA	10/19/2008 WSY Kick Off Classic
4	1:02.53 Y	F	Steff Maurer	13	HAC MA	12/6/2008 Hershey Vs West Shore YMCA
5	1:02.55 Y	F	Leah Sevco	14	LEBY MA	2/15/2009 2009 CPAL All-Star Championship Meet
6	1:04.23 Y	F	Alana Sheriff	14	PACS MA	2/15/2009 2009 CPAL All-Star Championship Meet
7	1:04.49 Y	F	Ariana Waitkavicz	13	HAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
8	1:05.65 Y	F	Kylie Turner	14	LFYB MA	2/15/2009 2009 CPAL All-Star Championship Meet
9	1:05.97 Y	F	Samantha Surfus	13	HAC MA	11/29/2008 Hershey Vs Lower Paxton
10	1:06.07 Y	F	Meghan Miller	13	HAC MA	1/24/2009 Hershey @ CVAC
11	1:06.17 Y	F	Grace Tomalavage	14	LPAC MA	2/14/2009 2009 CPAL Division 5A Meet
12	1:06.25 Y	F	Lea Sevco	14	LEBY MA	12/13/2008 EAC at LEBY
13	1:06.79 Y	F	Madison Osterhoudt	13	NYAC MA	1/11/2009 CVAC Snowflake Splash 2009
14	1:07.24 Y	F	Rebecca Miller	13	NYAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
15	1:07.39 Y	F	Emma Santangelo	14	HAC MA	12/6/2008 Hershey Vs West Shore YMCA
16	x1:07.81 Y	F	Megan Hooley	14	LFYW MA	2/7/2009 CPAL Dual Meet White Lightning vs NDCY
Women 13-14 100 Breast						
1	1:09.72 Y	F	Alexis Grier	14	HAC MA	2/14/2009 2009 CPAL Division 5A Meet
2	1:10.16 Y	F	Morgan Pfaff	14	WSY MA	10/19/2008 WSY Kick Off Classic
3	1:11.09 Y	F	Carolyn McCarty	14	HAC MA	11/29/2008 Hershey Vs Lower Paxton
4	1:12.49 Y	F	Carly DeLiberty	13	SLST	2/14/2009 2009 CPAL Division 1A Meet
5	1:13.55 Y	F	Meghan Miller	13	HAC MA	1/31/2009 Lancaster YMCA vs Hershey
6	1:13.91 Y	F	Katie Webber	14	SMSC MA	2/15/2009 2009 CPAL All-Star Championship Meet
7	1:14.19 Y	F	Emily Reale	13	EAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
8	1:14.39 Y	F	Katherine Strahosky	14	CYAA MA	2/14/2009 2009 CPAL Division 2A Meet
9	1:14.59 Y	F	Jessica Burkett	13	WSY MA	12/6/2008 Hershey Vs West Shore YMCA
10*	1:14.80 Y	F	Hannah Sunday	14	CVAC MA	12/6/2008 LVST @ CVAC
10*	1:14.80 Y	F	Madeline Hoch	13	WSY MA	10/19/2008 WSY Kick Off Classic
12	1:15.00 Y	F	Taylor Dinello	13	HAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
13	1:15.33 Y	F	Erica Clancy	14	CA MA	1/11/2009 CVAC Snowflake Splash 2009
14	1:15.54 Y	F	Julia Atwood	14	NYAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
15	1:16.51 Y	F	Elizabeth Keller	14	CYAA MA	2/14/2009 2009 CPAL Division 2A Meet
16	1:16.71 Y	F	Hannah Parson	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
Women 13-14 100 Fly						
1	1:00.52 Y	F	Samantha Surfus	13	HAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
2	1:00.99 Y	F	Kelly Hamilton	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
3	1:01.50 Y	F	Madeline Hoch	13	WSY MA	12/20/2008 WSY vs. LVO
4	1:01.83 Y	F	Morgan Pfaff	14	WSY MA	10/19/2008 WSY Kick Off Classic
5	1:02.77 Y	F	Meghan Miller	13	HAC MA	2/15/2009 2009 CPAL All-Star Championship Meet
6	1:03.44 Y	F	Hannah Sunday	14	CVAC MA	12/20/2008 LFYB @ CVAC
7	1:05.78 Y	F	Lea Sevco	14	LEBY MA	12/20/2008 LEBY @ FSC
8	1:05.85 Y	F	Grace Tomalavage	14	LPAC MA	1/3/2009 LPAC at West Shore YMCA
9	1:06.01 Y	F	Ariana Waitkavicz	13	HAC MA	11/29/2008 Hershey Vs Lower Paxton
10	1:06.23 Y	F	Alana Sheriff	14	PACS MA	12/6/2008 ACWS at PACS
11	1:06.43 Y	F	Alexis Anderson	14	WSY MA	10/19/2008 WSY Kick Off Classic
12	1:06.61 Y	F	Kylie Turner	14	LFYB MA	2/15/2009 2009 CPAL All-Star Championship Meet
13	1:06.66 Y	F	Lola Tijani	13	CC MA	2/15/2009 2009 CPAL All-Star Championship Meet
14	1:07.19 Y	F	Leah Sevco	14	LEBY MA	1/31/2009 LANC at LEBY
15	1:07.46 Y	F	Taylor Grenier	14	MARA MA	2/14/2009 2009 CPAL Division 1A Meet
16	1:07.54 Y	F	Sarah Bischoff	13	NYAC MA	12/13/2008 NYAC vs. MSC

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Women 13-14 200 IM							
1	2:11.13 Y	F	Morgan Pfaff	14	WSY MA	10/19/2008	WSY Kick Off Classic
2	2:13.57 Y	F	Samantha Surfus	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
3	2:15.21 Y	F	Madeline Hoch	13	WSY MA	10/19/2008	WSY Kick Off Classic
4	2:17.54 Y	F	Leah Sevco	14	LEBY MA	2/15/2009	2009 CPAL All-Star Championship Meet
5	2:18.55 Y	F	Kelly Hamilton	13	CC MA	12/20/2008	CC-MA v CA-MA
6	2:20.57 Y	F	Steff Maurer	13	HAC MA	12/6/2008	Hershey Vs West Shore YMCA
7	2:21.10 Y	F	Meghan Miller	13	HAC MA	12/6/2008	Hershey Vs West Shore YMCA
8	2:22.22 Y	F	Ariana Waitkavicz	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
9	2:23.47 Y	F	Alexis Grier	14	HAC MA	1/31/2009	Lancaster YMCA vs Hershey
10	2:23.67 Y	F	Hannah Sunday	14	CVAC MA	12/13/2008	WSY @ CVAC
11	2:24.06 Y	F	Lea Sevco	14	LEBY MA	12/20/2008	LEBY @ FSC
12	2:24.39 Y	F	Kaitlyn Bentzel	13	WSY MA	1/24/2009	Lancaster YMCA at WSY
13	2:24.44 Y	F	Megan Ross	14	WSY MA	1/24/2009	Lancaster YMCA at WSY
14	2:24.56 Y	F	Sarah Bischoff	13	NYAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
15	2:24.97 Y	F	Carolyn McCarty	14	HAC MA	11/29/2008	Hershey Vs Lower Paxton
16	2:25.41 Y	F	Anna Gasparini	13	WSY MA	10/19/2008	WSY Kick Off Classic
Men 13-14 50 Free							
1	22.39 Y	F	Nathan Smith	13	CA MA	2/15/2009	2009 CPAL All-Star Championship Meet
2	22.75 Y	F	Kevin Shivers	14	CC MA	2/15/2009	2009 CPAL All-Star Championship Meet
3	23.32 Y	F	Seth Wenner	13	WSY MA	2/14/2009	2009 CPAL Division 5A Meet
4	23.49 Y	F	Ben Jones	14	LVO	1/24/2009	LPAC vs. LVO
5	23.56 Y	F	Kevin Shivers	14	CC MA	12/20/2008	CC-MA v CA-MA
6	23.71 Y	F	Shota Nakano	14	HAC MA	1/24/2009	Hershey @ CVAC
7	24.01 Y	F	Ian Sherwood	14	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
8	24.02 Y	F	Jordan Metz	14	CC MA	1/24/2009	CHAMB VS MCS 1-24-09
9	24.07 Y L	F	Garrett Treaster	14	WSY MA	2/14/2009	2009 CPAL Division 5A Meet
10	24.49 Y	F	Cooper Lindsley	13	LFYB MA	2/15/2009	2009 CPAL All-Star Championship Meet
11	24.56 Y	F	Zack Miller	13	GETY MA	2/14/2009	2009 CPAL Division 1A Meet
12	24.58 Y	F	William Gelgot	14	LEBY MA	2/15/2009	2009 CPAL All-Star Championship Meet
13	24.66 Y	F	John Barr	13	WAY	1/17/2009	BSAC vs WAY
14	24.83 Y	F	Sam Linder	14	NYAC MA	2/14/2009	2009 CPAL Division 4A Meet
15	24.84 Y	F	Austin Zelko	14	SLST	12/20/2008	Sea Lion @ SAC
16	24.91 Y	F	Jack Brenneman	13	WSY MA	12/20/2008	WSY vs. LVO
Men 13-14 100 Free							
1	48.82 Y	F	Nathan Smith	13	CA MA	2/15/2009	2009 CPAL All-Star Championship Meet
2	49.96 Y	F	Kevin Shivers	14	CC MA	2/15/2009	2009 CPAL All-Star Championship Meet
3	50.72 Y	F	Shota Nakano	14	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
4	51.08 Y	F	Kevin Shivers	14	CC MA	12/20/2008	CC-MA v CA-MA
5	52.18 Y	F	Garrett Treaster	14	WSY MA	12/13/2008	WSY @ CVAC
6	52.35 Y	F	Seth Wenner	13	WSY MA	1/3/2009	LPAC at West Shore YMCA
7	52.56 Y	F	Philip Mancuso	14	HAC MA	11/29/2008	Hershey Vs Lower Paxton
8	52.91 Y	F	Austin Zelko	14	SLST	2/14/2009	2009 CPAL Division 1A Meet
9	53.11 Y	F	Ian Sherwood	14	HAC MA	1/24/2009	Hershey @ CVAC
10	53.16 Y	F	Peter DeLuce	14	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
11	53.37 Y	F	Cooper Lindsley	13	LFYB MA	2/15/2009	2009 CPAL All-Star Championship Meet
12	53.42 Y	F	Jordan Metz	14	CC MA	1/24/2009	CHAMB VS MCS 1-24-09
13	53.92 Y	F	Nathan Seitz	14	NYAC MA	12/13/2008	NYAC vs. MSC
14	53.93 Y	F	Zack Miller	13	GETY MA	2/15/2009	2009 CPAL All-Star Championship Meet
15	54.10 Y	F	Sam Linder	14	NYAC MA	1/3/2009	NYAC vs. Collegiate
16	54.18 Y	F	John Barr	13	WAY	2/14/2009	2009 CPAL Division 2A Meet

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	Time	P/F/S	Name	Age/Yr			
Men 13-14 200 Free							
1	1:53.37 Y	F	Garrett Treaster	14	WSY MA	2/15/2009	2009 CPAL All-Star Championship Meet
2	1:54.96 Y	F	Nathan Smith	13	CA MA	1/31/2009	Collegiate VS MCS 1-31-09
3	1:56.15 Y	F	Sam Linder	14	NYAC MA	1/17/2009	CC-MA V NYAC-MA
4	1:56.95 Y	F	Jordan Metz	14	CC MA	1/24/2009	CHAMB VS MCS 1-24-09
5	1:58.17 Y	F	Kevin Shivers	14	CC MA	1/17/2009	CC-MA V NYAC-MA
6	1:58.81 Y	F	Kevin Shivers	14	CC MA	10/19/2008	WSY Kick Off Classic
7	1:59.36 Y	F	Jordan Metz	14	CC MA	12/20/2008	CC-MA v CA-MA
8	1:59.37 Y	F	William Gelgot	14	LEBY MA	2/15/2009	2009 CPAL All-Star Championship Meet
9	2:00.98 Y	F	Austin Zelko	14	SLST	1/31/2009	SLST vs York Y
10	2:01.21 Y	F	Nathan Seitz	14	NYAC MA	1/24/2009	NYAC at ACWS
11	2:01.55 Y	F	Cooper Lindsley	13	LFYB MA	1/17/2009	Lancaster YMCA Blue vs. LVO
12	2:01.79 Y	F	Dan Ross	13	LFYB MA	1/24/2009	Lancaster YMCA at WSY
13	2:03.61 Y	F	Vinny Tafuto	13	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
14	2:03.70 Y	F	John Taylor	14	GETY MA	12/13/2008	GETY, SAC, MAC Tri Meet 12-13-08
15	2:04.10 Y	F	Cole Davis	13	NDCY	1/24/2009	NDCY at PACS
16	2:05.38 Y	F	John Barr	13	WAY	12/20/2008	WayvsMasc12202008
Men 13-14 100 Back							
1	50.28 Y	F	Evan Savage	13	ACWS MA	12/13/2008	CHB vs ACWS
2	57.73 Y	F	Austin Doss	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
3	58.88 Y	F	Ian Sherwood	14	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
4	59.31 Y	F	Nathan Smith	13	CA MA	1/17/2009	ACWS vs Collegiate
5	59.61 Y	F	Ben Jones	14	LVO	12/6/2008	LVST @ CVAC
6	59.96 Y	F	Kevin Shivers	14	CC MA	1/31/2009	Waynesboro and Chambersburg at Carlisle
7	1:01.91 Y	F	Nathan Seitz	14	NYAC MA	2/14/2009	2009 CPAL Division 4A Meet
8	1:02.11 Y	F	Jordan Metz	14	CC MA	10/19/2008	WSY Kick Off Classic
9	1:02.69 Y	F	Jordan Metz	14	CC MA	1/17/2009	CC-MA V NYAC-MA
10	1:02.81 Y	F	Peter DeLuce	14	HAC MA	1/24/2009	Hershey @ CVAC
11	1:03.03 Y	F	Cole Benovy	13	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
12	1:03.18 Y	F	John Barr	13	WAY	1/31/2009	Waynesboro and Chambersburg at Carlisle
13	1:03.38 Y	F	Cliff Swartzell	14	EPAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
14	1:03.56 Y	F	Garrett Treaster	14	WSY MA	12/13/2008	WSY @ CVAC
15	1:04.02 Y	F	Austin Zelko	14	SLST	1/24/2009	SLST@Gety
16	1:04.06 Y	F	Peter Palmen	14	CVAC MA	1/24/2009	Hershey @ CVAC
Men 13-14 100 Breast							
1	1:05.34 Y	F	Seth Wenner	13	WSY MA	2/14/2009	2009 CPAL Division 5A Meet
2	1:06.59 Y	F	Shota Nakano	14	HAC MA	1/31/2009	Lancaster YMCA vs Hershey
3	1:06.66 Y	F	Austin Doss	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
4	1:06.70 Y	F	Peter DeLuce	14	HAC MA	1/24/2009	Hershey @ CVAC
5	1:07.07 Y	F	Nathan Smith	13	CA MA	10/19/2008	WSY Kick Off Classic
6	1:08.53 Y	F	Sam Linder	14	NYAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
7	1:09.45 Y	F	Steven Ceneviva	13	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
8	1:09.46 Y	F	Luke McGuire	14	LPAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
9	1:09.98 Y	F	Zane Clevenger	14	MASC MA	2/15/2009	2009 CPAL All-Star Championship Meet
10	1:10.21 Y	F	Jordan Metz	14	CC MA	1/17/2009	CC-MA V NYAC-MA
11	1:10.27 Y	F	Brandon Bord	14	FSC MA	12/20/2008	LEBY @ FSC
12	1:11.33 Y	F	Kevin Shivers	14	CC MA	1/24/2009	CHAMB VS MCS 1-24-09
13	1:12.07 Y	F	Jordan Grim	13	NYAC MA	2/14/2009	2009 CPAL Division 4A Meet
14	1:12.15 Y	F	Thomas Whitfield	14	NYAC MA	12/13/2008	NYAC vs. MSC
15	1:12.17 Y	F	Keegan Wooley	14	LFYB MA	1/24/2009	Lancaster YMCA at WSY
16	1:12.37 Y	F	Ian Sherwood	14	HAC MA	11/29/2008	Hershey Vs Lower Paxton

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2	57.96 Y	F	Jack Brenneman	13	WSY MA	2/15/2009	2009 CPAL All-Star Championship Meet
3	58.20 Y	F	Philip Mancuso	14	HAC MA	11/29/2008	Hershey Vs Lower Paxton
4	58.28 Y	F	Shota Nakano	14	HAC MA	1/31/2009	Lancaster YMCA vs Hershey
5	59.31 Y	F	Austin Zelko	14	SLST	2/14/2009	2009 CPAL Division 1A Meet
6	59.56 Y	F	Ian Sherwood	14	HAC MA	1/24/2009	Hershey @ CVAC
7	1:00.27 Y	F	Nathan Seitz	14	NYAC MA	1/3/2009	NYAC vs. Collegiate
8	1:01.32 Y	F	Kevin Shivers	14	CC MA	1/17/2009	CC-MA V NYAC-MA
9	1:01.50 Y	F	Mark Panas	14	WSY MA	10/19/2008	WSY Kick Off Classic
10	1:01.66 Y	F	Kevin Shivers	14	CC MA	1/24/2009	CHAMB VS MCS 1-24-09
11	1:01.88 Y	F	Austin Doss	13	HAC MA	12/6/2008	Hershey Vs West Shore YMCA
12	1:01.99 Y	F	Bradley Strathmeyer	14	YY MA	1/25/2009	YYvMARA
13	1:02.39 Y	F	Dave Horton	14	ACWS MA	12/13/2008	CHB vs ACWS
14	1:03.09 Y	F	John Barr	13	WAY	1/17/2009	BSAC vs WAY
15	1:03.19 Y	F	Dan Ross	13	LFYB MA	2/14/2009	2009 CPAL Division 5A Meet
16	1:03.47 Y	F	Vinny Tafuto	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
Men 13-14 200 IM							
1	2:04.43 Y	F	Shota Nakano	14	HAC MA	2/14/2009	2009 CPAL Division 5A Meet
2	2:09.16 Y	F	Kevin Shivers	14	CC MA	2/14/2009	2009 CPAL Division 4A Meet
3	2:10.77 Y	F	Austin Doss	13	HAC MA	1/24/2009	Hershey @ CVAC
4	2:10.84 Y	F	Garrett Treaster	14	WSY MA	2/15/2009	2009 CPAL All-Star Championship Meet
5	2:11.57 Y	F	Nathan Smith	13	CA MA	12/20/2008	CC-MA v CA-MA
6	2:13.55 Y	F	Kevin Shivers	14	CC MA	12/20/2008	CC-MA v CA-MA
7	2:14.38 Y	F	Ian Sherwood	14	HAC MA	1/31/2009	Lancaster YMCA vs Hershey
8	2:15.21 Y	F	Seth Wenner	13	WSY MA	12/20/2008	WSY vs. LVO
9	2:15.43 Y	F	Peter DeLuce	14	HAC MA	1/24/2009	Hershey @ CVAC
10	2:16.46 Y	F	Ben Jones	14	LVO	12/20/2008	WSY vs. LVO
11	2:16.51 Y	F	Jack Brenneman	13	WSY MA	2/15/2009	2009 CPAL All-Star Championship Meet
12	2:17.71 Y	F	Austin Zelko	14	SLST	2/15/2009	2009 CPAL All-Star Championship Meet
13	2:18.06 Y	F	Steven Ceneviva	13	HAC MA	2/15/2009	2009 CPAL All-Star Championship Meet
14	2:18.67 Y	F	Jordan Metz	14	CC MA	10/19/2008	WSY Kick Off Classic
15	2:18.77 Y	F	Luke McGuire	14	LPAC MA	1/31/2009	ACWSvsLPAC
16	2:19.25 Y	F	Jordan Metz	14	CC MA	1/17/2009	CC-MA V NYAC-MA