

YORK YMCA TOURNAMENT OF CHAMPIONS

Saturday, January 17, 2009

Sunday, January 18, 2009

LOCATION	YMCA of York & York County – Graham Aquatic Center 542 North Newberry Street York PA 17404
EMERGENCY PHONE NUMBER	DAY OF MEET: <u>717-812-0119</u>
FACILITIES	New indoor facility with possible 16-lane, 25 yard configuration; primary configuration will consist of 8 lanes for competition (6' depth), 5 lanes for warm-up/warm-down; permanent bleacher seating for 600+ with possible 200 additional bleacher seats on pool deck; very large deck area for swimmers, coaches and officials; main timing system: Daktronic system with scoreboard; Hy-Tek software; Concession area with promenade overlooking competitive pool; parking capacity: 550.
MEET DIRECTOR	George Zimmerman. 717-771-5206 (evenings & weekends). E-mail: zimgeo1@aol.com
SAFETY DIRECTOR	Matt Anstine. 717-812-0119. E-mail: manstine@yorkcoymca.org .
OFFICIALS	Brian Gunn. All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting during the meet, please email George Zimmerman at zimgeo1@aol.com .
ELIGIBILITY	Meet is a closed YMCA competition, open to any swimmer 5 & older. Swimmer must be a YMCA member 30 days prior to the date of competition. Swimmers age is as of 1/17/2009. Swimmer may swim a maximum of 5 events in his/her age category. MEET WILL BE A USA-S APPROVED MEET.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.
ORDER OF EVENTS	Order of Events is attached. All events are pre-seeded, timed finals.
WARM-UP AND START TIMES	Saturday Events: SESSION 1 – Warm-Ups Start: 7:00 A.M.; Session Begins: 8:00 A.M. – Events 1-26. SESSION 2 – Warm-Ups Start: 11:00 A.M.; Session Begins: 12:00 Noon – Events 27-76. SESSION 3 – Warm-Ups Start: 2:00 P.M.; Session Begins: 3:00 P.M. – Events 77-104.

	<p>Sunday Events: SESSION 4 – Warm-Ups Start: 7:00 A.M.; Session Begins: 8:00 A.M. – Events 105-128. SESSION 5 – Warm-Ups Start: 1:30 P.M.; Session Begins: 2:30 P.M. – Events 129-146.</p> <p>Fourteen lanes will be available for warm-up prior to the meet. If necessary, because of the number of meet entries, specific lanes will be assigned to each team at the discretion of the Meet Director.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules.</p> <ul style="list-style-type: none"> • USA Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey the instructions of a safety director, marshal & official may result in disqualification from the meet. There is absolutely NO DIVING permitted in the warm-up pool at any time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification from the remainder of the meet. • All coaches/officials must be registered with the YMCA. Only YMCA registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on the pool deck. • This meet will be conducted using the Whistle command and No Recall False Start procedures. • Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid YMCA credentials.
<p>BULKHEAD SAFETY RULE</p>	<p>ANY SWIMMER OBSERVED SWIMMING UNDER OR THROUGH THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.</p>
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the Warm-up for each session.</p>
<p>HOW TO ENTER</p>	<p>Hy-Tek entries are preferred. Entries should be submitted as an e-mail attachment addressed to:</p> <ul style="list-style-type: none"> • zimgeo1@aol.com • SUBJECT: (YOUR TEAM) TOURNAMENT OF CHAMPIONS • Body must include: Team Name/Number of Swimmers/Number of Entries. • ATTACHEMENTS: ENTRY FILE/TEAM ENTRY REPORT <p>Manually prepared entries should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The meet announcement is available from our website (http://www.swimnyorky.org/). Electronic data will be considered the official version for meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to</p>

	resolution of errors/discrepancies.
ENTRY FEE	\$4.00 per Event. Checks payable to "York YMCA Aquatic Club."
SEND ENTRIES & PAYMENT TO:	York YMCA Tournament of Champions c/o George Zimmerman 2035 Leonard Street York PA 17404 Meet Summary must accompany payment. Payment must be postmarked by Saturday, January 10, 2009 or entries will be rejected.
ENTRY DEADLINE	5:00 PM, Saturday, January 10, 2009. Late entries will not be accepted.
INQUIRIES	Refer questions about the entries and the meet to George Zimmerman, Meet Director. Telephone (evenings and weekends): 717-771-5206; email: zimge01@aol.com .
AWARDS	Medals will be awarded first through third place; ribbons will be awarded fourth through eighth place.
ADMISSION	\$3.00 for admission and program per session.
FINAL RESULTS	Final results will be posted on the York YMCA Aquatic Club website, http://www.swimyorky.org/ , within 48 hours of the conclusion of the meet and transmitted to all clubs submitting meet entries electronically.
VOLUNTEERS	Free admission will be provided to anyone who volunteers as a timer, runner or in another capacity as designated by the meet director.
DIRECTIONS	TRAVELING EAST/WEST – USE ROUTE 30. Traveling Route 30 EAST: as you travel into York, you will encounter signal lights on Route 30. Travel to the 4 th light – PENNSYLVANIA AVENUE. Turn RIGHT. Travel to the 1 st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner. Traveling Route 30 WEST: as you travel 30 WEST you will travel under Route 83. From the 83 overpass, travel to the 3 rd light (LEFT LANE). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to the 1 st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner. TRAVELING NORTH/SOUTH – USE ROUTE 83. Traveling Route 83 SOUTH: exit Route 83 using Exit 22 (ROUTE 30 WEST). Follow signs to Route 30 WEST. After you are on Route 30, travel to the 2 nd light

	<p>(left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>Traveling Route 83 NORTH: Exit Route 83 using Exit labeled ROUTE 30 WEST (EXIT 21B). Travel to the 3rd light (left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p>
<p>ACCOMODATIONS</p>	<p>Our Meet Hotel is the Yorktowne Hotel, http://www.yorktowne.com/. Identify yourself as someone attending the York White Rose Holiday Relay Carnival.</p>

RELEASE STATEMENT:

YMCA of York & York County – Graham Aquatic Center and the York YMCA Aquatic Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

SATURDAY SESSION 1 EVENTS WARM-UP: 7 AM; MEET BEGINS: 8 AM				
GIRLS EVENT #	AGE	DIST	STROKE	BOYS EVENT #
1	11-12	200	FREE	2
3	9-10	50	FREE	4
5	11-12	50	FREE	6
7	9-10	100	IM	8
9	11-12	100	IM	10
11	9-10	50	FLY	12
13	11-12	50	FLY	14
15	9-10	100	FREE	16
17	11-12	100	FREE	18
19	9-10	50	BACK	20
21	11-12	50	BACK	22
23	9-10	50	BREAST	24
25	11-12	50	BREAST	26
SATURDAY SESSION 2 EVENTS WARM-UP: 11 AM; MEET BEGINS: 12 NOON				
27	7 & U	100	FREE	28
29	8	100	FREE	30
31	7 & U	50	BACK	32
33	8	50	BACK	34
35	6 & U	25	FREE	36
37	7	25	FREE	38
39	8	25	FREE	40
41	7 & U	50	FLY	42
43	8	50	FLY	44
45	6 & U	25	BREAST	46
47	7	25	BREAST	48
49	8	25	BREAST	50
51	6 & U	50	FREE	52
53	7	50	FREE	54
55	8	50	FREE	56
57	6 & U	25	FLY	58
59	7	25	FLY	60
61	8	25	FLY	62
63	7 & U	50	BREAST	64
65	8	50	BREAST	66
67	6 & U	25	BACK	68
69	7	25	BACK	70
71	8	25	BACK	72
73	7 & U	100	IM	74
75	8	100	1M	76

SATURDAY SESSION 3 EVENTS WARM-UP: 2:00 PM; MEET BEGINS: 3:00 PM				
GIRLS EVENT #	AGE	DIST	STROKE	BOYS EVENT #
77	13-14	200	FREE	78
79	OPEN	200	FREE	80
81	13-14	50	FREE	82
83	OPEN	50	FREE	84
85	13-14	200	IM	86
87	OPEN	200	IM	88
89	13-14	100	FLY	90
91	OPEN	100	FLY	92
93	13-14	100	FREE	94
95	OPEN	100	FREE	96
97	13-14	100	BACK	98
99	OPEN	100	BACK	100
101	13-14	100	BREAST	102
103	OPEN	100	BREAST	104
SUNDAY SESSION 4 EVENTS WARM-UP: 7 AM; MEET BEGINS: 8 AM				
105	10 & U	200	IM	106
107	12 & U	200	IM	108
109	14 & U	400	IM	110
111	OPEN	400	IM	112 *
113	10 & U	100	BACK	114
115	12 & U	100	BACK	116
117	14 & U	200	BACK	118
119	OPEN	200	BACK	120 *
121	10 & U	100	FLY	122
123	12 & U	100	FLY	124
125	14 & U	200	FLY	126
127	OPEN	200	FLY	128
SUNDAY SESSION 5 EVENTS WARM-UP: 1:30 PM; MEET BEGINS: 2:30 PM				
129	10 & U	200	FREE	130
131	12 & U	500	FREE	132
133	14 & U	500	FREE	134
135	OPEN	500	FREE	136 *
137	10 & U	100	BREAST	138
139	12 & U	100	BREAST	140
141	14 & U	200	BREAST	142
143	OPEN	200	BREAST	144 **
145	OPEN	1650	FREE	146

* 10 MINUTE BREAK

** 20 MINUTE BRERAK

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SATURDAY, JANUARY 17 & SUNDAY, JANUARY 18, 2009**

MEET SUMMARY FORM

This form MUST accompany TEAM Entries.

TEAM NAME: _____
TEAM CODE: _____
HEAD COACH: _____
COACH OR CLUB ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: _____
EMAIL: _____

Person to contact for questions concerning entries, fees, etc. This person is responsible for receiving messages about any changes to meet times, format, etc.

NAME: _____
PHONE: _____
EMAIL: _____

Mail Entries to: York YMCA Tournament of Champions
c/o George Zimmerman
2035 Leonard Street
York PA 17404

Entry Deadline: 5:00 PM, Wednesday, January 7, 2009.

Please make checks payable to: YORK YMCA AQUATIC CLUB

ENTRY FEES:

_____ OF INDIVIDUAL EVENTS @ \$4.00 PER EVENT \$_____

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH THE YMCA.

_____ **HEAD COACH or TEAM REPRESENTATIVE**

