



**53RD ANNUAL YORK YMCA SWIMMING
 “TOURNAMENT OF CHAMPIONS”
 CLOSED YMCA INVITATIONAL**

FEBRUARY 24, 2008

Approved by Middle Atlantic Swimming, Inc.
 Approval number pending.

PURPOSE	To provide a closed YMCA meet for swimmers to achieve qualifying times for YMCA Nationals in longer events.
LOCATION	York YMCA – Southern Branch Natatorium 100 Constitution Ave. Shrewsbury, PA 17361 Day of meet ONLY emergency phone # 717-235-0446
FACILITIES	8 lane, 25 yd. indoor pool, entry depth 9 feet, anti-wave lane lines, Colorado Timing System, Paragon starting platforms, Hy-Tek Meet Manager software, spectator seating for 200, parking capacity 150, snack bar will be available.
MEET DIRECTOR	Brian Gunn 722 Dogwood Circle York, PA 17403 717-845-4112 bcgunn60@comcast.net
OFFICIALS	Officials who would be willing to work this meet should contact the Meet Director.
ELIGIBILITY	Open to any swimmers currently registered with a YMCA affiliated swim team for 2007-08. Swimmer’s age is as of 2/24/08. Swimmers may swim a maximum of 3 events per session, and 4 events total.
ORDER OF EVENTS WARM-UP & START TIMES	Please see attached order of events. All events are pre-seeded timed finals. AM Session – Warm Ups: 7:00 AM, Meet: 8:00 AM PM Session – Warm Ups: 3:00 PM, Meet: 4:00 PM No diving during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.

ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to YMCA or USA rules. Swimmers or teams eliminated from the meet due to time or space constraints will be given a refund.
DECK ENTRIES /TIME TRIALS	At the discretion of the Meet Director, and if space allows, deck entries will be accepted prior to the start of each session, at \$8.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but the swimmer will not score points or receive awards. To enter, the swimmer must see the MD before or during warm-ups.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.
SEEDING	All events are pre-seeded timed finals.
HOW TO ENTER	Electronic entries shall be submitted using Hy-Tek software and must be submitted in the course in which they were achieved. Entries for which a swimmer has no time shall be entered as "NT"; except for the 1650, where an estimated time, based on practice or time trial times shall be submitted. Coaches shall use good judgment when entering swimmers into the 1650. Electronic entries shall be emailed to mbrooks@yorkcoymca.org . Supporting paperwork and recap sheet must accompany all entries. Non-electronic entries will be accepted with a \$5 per swimmer manual processing fee, and the enclosed entry forms shall be used.
ENTRY FEES	\$4.00 per event.
SEND ENTRIES TO	Mail entries and fees to: YMCA of York and York County c/o Michael Brooks 90 N. Newberry Street York, PA 17401 Phone 717-843-7884 x268 Entries may be emailed to mbrooks@yorkcoymca.org Make checks payable to York YMCA Aquatic Club Entries will be considered complete when payment is received.
ENTRY DEADLINE	Friday, February 15, 2008 by 6:00 PM. No late entries will be accepted.
RULES	This meet is USA approved, and therefore, will be conducted according to current YMCA & USA Swimming rules. Middle Atlantic Swimming rules shall also apply. YMCA / USA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. This meet will be conducted using the whistle command and no-recall false start procedures. Fly-over starts may be used, at the discretion of the meet referee.
SCORING & AWARDS	1 st – 3 rd place: medals, 4 th – 8 th place: ribbons
PROGRAMS & ADMISSION	Programs \$3.00, Admission \$2.00. Children under 5 admitted free. Free admission to all volunteers.
RESULTS	Results will be posted on the York YMCA swimming website: www.swimyorky.org

DIRECTIONS	Take Interstate 83 to PA Exit 4 (Shrewsbury). From the exit ramp, follow PA Route 851 (E. Forrest Ave.) west until you come to Main Street. Turn left onto Main. Follow Main Street south until you come to Constitution Avenue. Turn right onto Constitution. The Y is on the left.
ACCOMODATIONS	Hampton Inn – Shrewsbury – 2.4 mi, about 6 min from the Y 1000 Far Hills Drive New Freedom, PA 17349 717-235-9898 Holiday Inn Express – York - 12.0 mi, about 14 min from the Y. 140 Leader Heights Road York, PA 17403 717-741-1000

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MEET SUMMARY SHEET
This form MUST accompany team entries.

Team Name _____ Team Code _____
Head Coach _____
Coach or Club Address _____
City/State/Zip _____
Phone _____ E-mail _____

Person to contact for questions concerning entries, fees, etc. This person is responsible for receiving messages about any changes to meet times, format, etc.

Name _____
Phone _____ E-mail _____

Mail Entries to:
YMCA of York and York County c/o Michael Brooks
90 N. Newberry Street
York, PA 17401

Entry Deadline: Friday, February 15, 2007 by 6:00 PM.
No late entries will be accepted!

Please make checks payable to York YMCA Aquatic Club.
Entry Fees: _____ Individual Events @ \$4.00 \$ _____
Manual Processing Fee \$5.00 per swimmer for non-disk entries \$ _____
Total \$ _____

**I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH
YMCA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES
RECORDED.**

Signature of head coach or authorized team representative _____

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MEET EVENT LIST

AM Session

Event #	Event Name
1	Girls 10 & Under 200 IM
2	Boys 10 & Under 200 IM
3	Girls 11-12 200 IM
4	Boys 11-12 200 IM
5	Girls 13-14 400 IM
6	Boys 13-14 400 IM
7	Girls Open 400 IM
8	Boys Open 400 IM
9	Girls 10 & Under 100 Backstroke
10	Boys 10 & Under 100 Backstroke
11	Girls 11-12 100 Backstroke
12	Boys 11-12 100 Backstroke
13	Girls 13-14 200 Backstroke
14	Boys 13-14 200 Backstroke
15	Girls Open 200 Backstroke
16	Boys Open 200 Backstroke
17	Girls 10 & Under 100 Butterfly
18	Boys 10 & Under 100 Butterfly
19	Girls 11-12 100 Butterfly
20	Boys 11-12 100 Butterfly
21	Girls 13-14 200 Butterfly
22	Boys 13-14 200 Butterfly
23	Girls Open 200 Butterfly
24	Boys Open 200 Butterfly

PM Session

Event #	Event Name
25	Girls 10 & Under 200 Freestyle
26	Boys 10 & Under 200 Freestyle
27	Girls 12 & Under 500 Freestyle
28	Boys 12 & Under 500 Freestyle
29	Girls 13-14 500 Freestyle
30	Boys 13-14 500 Freestyle
31	Girls Open 500 Freestyle
32	Boys Open 500 Freestyle
33	Girls 10 & Under 100 Breaststroke
34	Boys 10 & Under 100 Breaststroke
35	Girls 11-12 100 Breaststroke
36	Boys 11-12 100 Breaststroke
37	Girls 13-14 200 Breaststroke
38	Boys 13-14 200 Breaststroke
39	Girls Open 200 Breaststroke
40	Boys Open 200 Breaststroke
41	Girls Open 1650 Freestyle
42	Boys Open 1650 Freestyle